

# LOSTWITHIEL NEWSLETTER



## **Mrs Molly Pearce celebrated her 100th birthday in Dec.**

Mrs Pearce over the years has given her time to many organisations in the town ie being a member of carnival team in the early days ... working alongside the town band and she always displayed the wreaths for remembrance in her bay window in Fore St. Mayor Henderson as well as past Mayors Gill Parsons and Karen Ross had the opportunity to visit her on her special day.

## WHAT'S ON WHERE – MARKETS, EVENTS & GROUPS - FEBRUARY

**LOSTWITHIEL LOCAL PRODUCE MARKET** – Lostwithiel Scout Hut, 4th SATURDAY of each month Saturday 22nd February from 10am -1pm+ Zero Waste Mobile Shop. See Lostwithiel Farmer's Market Facebook Page or contact Helen coppergon@hotmail.co.uk

**LOSTWITHIEL ANTIQUES & COLLECTABLES MARKET:** First Saturday each month, Scout Hut 10am-1pm: 1st Feb Contact Ann 07881826 032

**ANTIQUES FAIR:** Sunday 9th Feb Main Hall Community Centre 10am

**CAR BOOT SALE:** Sunday 9th December Community Centre 10am

### LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

See Facebook or [www.lostwithielcommunitycentre.org.uk](http://www.lostwithielcommunitycentre.org.uk)

for latest updates on events and activities at the Centre, or ring 01208 872 207. You'll find a full timetable of weekly groups/activities on page 5.

POST OFFICE: TUESDAY 12.30 - 2.30 & FRIDAY 12.30 - 3.00

FRIENDSHIP CAFE: THURSDAYS AT THE CENTRE 2-4pm

PRE-SCHOOL PLAYGROUP: TUESDAY 9am-12 noon

Garden Cafe open Monday – Friday until 3.30pm, Sat until 3pm – Homemade Cakes, Breakfast Baps, El Children's Menu.

### COMMUNITY CENTRE CAR PARK:

LLOYDS BANK VAN: Service no longer available. New Banking Hub in Fore St. Bodmin.

Mevagissey Fresh Fish Van FRIDAYS approx 11am- 12 -also a (different) Fresh Fish Van every MONDAY am on the Parade.

### SCOUT HUT (MAIN CAR PARK):

Produce Market: 4th Saturday of month (see top of page) 10am-1pm

Qui Gong 9.15-10.15am Mondays sweetzersturt@icloud.com.

Wholistic Yoga with Ariadne Fern Mondays 10.45-12.15 addy@theferns.info

NEW! Modelmaking Group – all welcome – 1st TUESDAY each month 6-8pm

Lostwithiel Young Farmers Club Monday evenings

Rainbows, Brownies etc – check national websites for info

### DRILL HALL (next to Co-op):

Lostwithiel Army Cadets Tuesdays 6 - 8.30pm

### CHURCH HALL, CHURCH LANE:

Enquiries Rev. Sheila Bowden - 01208 871344

Table Tennis: Mondays 6pm, Thursdays 1.30pm

Lostwithiel Garden Society:

Lostwithiel Old Cornwall Society:

Life Drawing 7.30-9.30pm Alternate Wed/Tue

Mid-Civil Photographic Club: 4th and 18th Dec (1st & 3rd Weds) 7 - 9pm

Lostwithiel Bingo Fundraisers: Friday Evenings 6.30 for 7.30pm

Gateway Church: 5pm Sundays

Community Cafe: Every Friday 10am-2pm All welcome, pay what you can

### LOSTWITHIEL METHODIST CHURCH

Stitches Group 1st & 3rd Thursday of the month 2 - 4pm

### LOSTWITHIEL SOCIAL CLUB, FORE STREET: [lostwithielsc@gmail.com](mailto:lostwithielsc@gmail.com)

Bookings & Info: [b.greswell@btinternet.com](mailto:b.greswell@btinternet.com), [sheila.stevens@btinternet.com](mailto:sheila.stevens@btinternet.com)

01208 872 335 or via Facebook:

Lostwithiel Social Club New Meeting & Conference Rooms are available to hire

Friday & Saturday Evenings: Bar open 7pm

Free Pool Night: Every Wednesday 7pm

Bingo with Paul Sweet: Every Sunday, eyes down 7pm

Monthly: First Friday - Quiz Night, Second Friday - Folk Jam

### CONTACTS

**Lostwithiel Town Band:** Ian Tregonning 01726 817 100 /Jane Richards 01208 871 278

**Bowling Club,** Restormel Road For info ring 01208 871 784

**Health Visitor Under 5s Clinic:** For info ring Penrice 01726 74969

**Lostwithiel Badminton Club** – ring Eddie Sugar 01208 871 111 for info

**Speedwatch:** Email: [jeff.penrose@me.com](mailto:jeff.penrose@me.com)

Check [www.lostwithiel.org.uk](http://www.lostwithiel.org.uk) for up to date listings of events in and around Lostwithiel.

## LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **MONDAY 3rd March 2025**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

**[palaceprinters@btinternet.com](mailto:palaceprinters@btinternet.com) by 20th February 2025**

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873 187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

**DISCLAIMER:** Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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## From the Mayor

Another year over and a new one just begun. I wish you all health and happiness for the year 2025. Dickensian, Lantern Parade and the Giants were all a great success as they are every year so thank you to all involved. Also, a big thank you to Rotary for organising the annual Christmas tree in the parade as well as Rev Sheila for the spectacular arrangements of festive trees in the Church. During the Christmas period I visited both Cowbridge and Meadowbrook nursing homes a truly humbling experience with conversations never running dry, all having a different story to tell. I also attended the St Winnow outdoor Christmas Carol Service. I promised to keep you updated on the Edgcombe House and Guildhall projects. Works are nearing completion; we have experienced a few hiccups along the way but we are getting there and we hope you will all be pleased with the results. The next step is a big launch day, dates and times to be finalized. As some of you will already be aware there is also a project to develop the long term vision for these historic buildings. Thank you to everyone who attended the consultation event in the Mayor's Parlour at Dickensian evening. Poynton Bradbury recorded 110 people attending which is absolutely fantastic. This consultation was to enable you to have your say on how we take this project forward and as Mayor I'm very grateful to everyone that attended and completed the feedback forms available. It was very much appreciated. Towards the end of last year, the Lostwithiel Veterans club unveiled a new set of military statues next to the War Memorial on the Parade in the heart of the town. This project serves as a poignant tribute to the men and women of HM Armed Forces whose bravery and sacrifice shaped the course of history. These striking silhouettes aim to bring life to personnel who paid the ultimate sacrifice. This project is a result of 2 years of dedicated fund raising by the Veterans club as well as generous contributions from local businesses. By the time this newsletter article is available the Council will have agreed it's 2025/2026 budget. This year the Town Council element of your Council Tax bill will stay the same so a Band D property will pay £231.39. Or This year the Town Council element of your Council Tax bill will increase by 2.01% so a Band D property will pay £236.05 which is an annual increase of £4.66 I try to visit as many residents with milestone Birthdays as possible. In December two past Mayors Gill Parsons, Karen Ross & myself visited Mrs Molly Pearce who celebrated her 100th birthday. This lady for many years volunteered in and around the town supporting a number of different organisations. Carnival week was her favourite time of all organising the children's tea party which consisted of a saffron bun and a glass of squash. Thinking back, I remember those buns being huge!!! Every year Molly would decorate her bay window in Fore Street with the poppy wreaths. Finally, a local resident has asked me to bring to your attention some anti social behaviour going on in the Town by a small number of youths (13/14/15 year in age) who went on a rampage last Friday 24th January in the early evening causing deliberate damage to a number of front doors. Several residents are affected and are very unhappy. Essentially, the youths in question, attack doors by delivering very hard kicks and filming the event for posting on social media. Then run off or head off on the bikes. The effect of their actions is many fold: 1. Emotional distress to occupants from the sudden very loud sounds inside when the assault is underway. 2. The unexpected financial impact and distress which in some cases could be significant to repair or replace part or all of the affected door. 3. Uncertainty as to whether any further behaviour like this or similar, will occur again. Devon and Cornwall Police have been contacted and have logged the incident, however they need more evidence to aid their enquiries. Residents of this town must know who these children are. It would be really helpful if you could please highlight this to both the Town Council, Community Police Liaison officer, and add to your monthly column in the towns newsletter. There are many different residents, some more vulnerable than others. No one deserves this behaviour. Our local Tri-star officer has been notified.

*Karin Henderson, Mayor of Lostwithiel*



## Lost In Film

Visit [www.lostinfilm.org.uk](http://www.lostinfilm.org.uk) to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. Doors at 7pm, film at 8pm. BYO drinks.

### Perfect Days (PG) Monday 24th February

A deeply moving Wim Wenders film about Hirayama, a seemingly content toilet cleaner in Tokyo whose past is revealed in a series of unexpected encounters.

## Social Club News

As you may have noticed work has begun on refurbishment of the social club.

We have had eighteen new windows put in alongside a new fire door. The toilets are being replaced. Safety flooring added to the stairs and the stair lift will be fitted within the next few days. Upstairs a small kitchen has been added.

The wall was in such a bad state with the battens rotten, and the old plaster fallen off, it was agreed to replace with new walls and plaster. Creating a lovely room for all sorts of functions. The small room is waiting for the plasterer to finish round the windows then it will be ready to carpet again another well fitted room for meetings etc.

The new front door will hopefully be fitted in the next few weeks.

We are committed at the club in raising money so we can continue with the refurbishment.

On Saturday 1st February we are hosting a fund raiser for Alice who is running the London Marathon for Cornwall Hospice. This is a ticket event tickets are £5 please see posters.

Our Wednesday free pool has now extended to Friday and Saturdays.

Also, Bingo continues on Sunday's eyes down at 7pm books are £3 for six games and a raffle for £1 a strip many great prizes to win come and join us.

Our amazing Folk Jam takes place every second Friday all welcome especially those who play an instrument. Its great fun and enjoy a reasonably priced drink.

Saturday 22nd February, we have the great Two Beats joining us come and listen to some great music and dance the night away. Club open sat 6pm.

A reminder for all Members it's the time of year to renew your membership forms are in the club £10 also new members are welcome to join.

We are planning a Grand Opening for the completed works date will be provided.

Please Note

**The AGM will take place on March Thursday 27th @7pm in the social club.**

## Town Band Awarded Rotary Foundation Grant.

Through the support of the Band during the 2024 Carnival week the Rotary Club of Lostwithiel were able to obtain a Rotary Foundation Grant of £1000 in recognition of the Band's training and support of young people they train in keeping with their tradition. The band has helped the town for over a century and the Rotary club are pleased to support them whenever we can.

This year's Carnival will be from Sunday 27th July to Saturday 2nd August.

## **Stay Safe**

*Don't give away personal information  
It isn't Amazon calling to query your order*

## **Have Fun**

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enjoy subscription channels in your living room*

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To arrange a home visit

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## **Lostwithiel Library**

TAPRELL HOUSE, NORTH STREET

**Open Wednesdays** 10am - 4pm for browsing and borrowing

**Click & Collect Your Books:** you can order books on Cornwall Council's Library webpages, and collect them from us when they are ready.

[www.cornwall.gov.uk/leisure-and-culture/libraries/your-local-library/lostwithiel-library/](http://www.cornwall.gov.uk/leisure-and-culture/libraries/your-local-library/lostwithiel-library/)

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# St Bartholomew's News

I wonder how many people, like me, put all the Christmas decorations away in the loft, but when cleaning a few days later, found that last decoration that was hiding in full sight!

How annoying, but it does seem to happen each year no matter how careful you are at looking round the room. Once more I find that time has left me feeling that Christmas was a long time ago, but with all the very cold weather in this country and the problems around the world through global warming, there is so much more to focus on.

Every Thursday morning the Benefice Celtic Eucharist continues at 10.00. A quiet, contemplative service with no hymns, for those who wish for a more gentle service.

Sunday 2nd is the first Sunday and is therefore our Family Eucharist, at 11.00. Bring the children along for an interesting talk by Rev'd Sheila. Always something different for us to join in.

Our second Sunday, 9th at 11.00, is Morning Prayer with the Churchwardens. The third Sunday 16th is Eucharist at 11.00 with our Rural Dean. We always have tea/coffee after services when we catch up to date with our friends and find out news from about the town. We like to take turns at bringing odd snacks towards this.

Saturday 22nd is Messy Church at 4.00 in the Church Rooms. Bring your youngsters for some crafts, stories and food. A very short special service is held and the result of their craft is put up on a board in Church for us all to see.

A Roman Catholic Mass will be held at 10.30 in St George's Chapel on Saturday 22nd. All are welcome to attend, but Anglicans cannot take Communion though can have a blessing instead. This is lead by Father Robbie Lowe.

Sunday 23rd there will be a Eucharist at 11.00 with Rev'd Sheila.

Our Open The Book volunteers have started to take the Bible stories round the local schools. If you would like to come and help – dress up and overact – come along and have some fun. Let the Churchwardens or Rev'd Sheila know. It only takes up an hour a week during school time of course.

There are also many other 'jobs' that need volunteers if you have a spare hour or two. The bellringers, flower arrangers, Open The Book, cleaners, pianist etc to name a few. Let the Churchwardens know if you are interested.

See you in Church!

LOSTWITHIEL CONCERT SERIES

ST BARTHOLOMEW'S CHURCH

DECEMBER 13TH

BAILIE TOMKINSON  
& THE LOCALS

JANUARY 9TH

WILL KEATING  
& TRUE FOXES

FEBRUARY 18TH

GAVIN FAIRHALL  
LEVER

MARCH 6TH

ST PIRAN'S SPECIAL

APRIL 9TH

LUCY & HAZEL



The Benefice of Lostwithiel Parishes

Services for February 2025

Sunday,2 [Candlemas]

Boconnoc

Holy Communion (BCP)

9.30am

Bradoc

Choral evensong

6:00pm

St Bartholomew

Family Eucharist

11:00am

St Brevita, Lanlivery

Morning Prayer

9:30am

St Veep

To the Benefice

St Winnow

Parish Eucharist

11:00am

Sunday, 9

Boconnoc

Matins

11:00am

Bradoc

Eucharist

11:15am

St Bartholomew

Morning Prayer

11:00am

St Brevita, Lanlivery

Eucharist

9:30am

St Veep

Holy Communion

9:30am

St Winnow

To the Benefice

Sunday,16

Boconnoc

Matins

11:00am

Bradoc

Choral Evensong

6:00pm

St Bartholomew

Morning Prayer

1:00am

St Brevita, Lanlivery

Morning Prayer

9:30am

St Veep

To the Benefice

St Winnow

Family Eucharist

11:00am

Saturday,22

Church Rooms

Messy church

4:00pm

Sunday, 23

Boconnoc

Matins

11:00am

Bradoc

Eucharist

11:15am

St Bartholomew

Eucharist

11:00am

St Brevita, Lanlivery

Eucharist

9:30am

St Veep

Eucharist

11:00am

St Winnow

Evensong (BCP)

5:00pm

Regular Weekday Services

Wednesdays - St Brevita - Evening Prayer at 4pm

First Thursday - St Bartholomew - Celtic Eucharist at 10am

Lanlivery, St Bartholomew's, St Veep, Bradoc and St Winnow Church are open every day. Boconnoc can be opened by appointment with the churchwardens.

The Benefice of Lostwithiel Parishes

Rector-In vacancy

Rev'd Sheila Bawden (Associate Priest)-01208 871344

Church Centre

(Benefice administration office-open Mon-Wed morning-01208 872232)

St Bartholomew's Church, Church Lane, Lostwithiel

LERRYN FILM CLUB



THE NEXT MEMBERS' EVENING WILL BE ON

THURSDAY 27TH FEBRUARY 2025 IN LERRYN MEMORIAL HALL

DOORS OPEN AT 7.00 PM ALLOWING TIME FOR A MEAL AND A CHAT FOR THOSE INTERESTED

(Phone the Ship Inn on 01208 872374 by 21ST FEBRUARY to order and pay for your £12 chosen boxed meal)

THIS WILL BE FOLLOWED AT 7.45 PM BY THE FILM "HALLELUJAH"

TO JOIN THE LERRYN FILM CLUB OR TO COME AS A GUEST

PLEASE CONTACT SUE ON 01208 871513

Lostwithielnews • February 2025 • 5





### Happy New Year everyone!

Christmas and our amazing Panto already seem a long time ago. If you went to the Panto, you will remember how brilliant it was and how fantastic it was to see all our local talent, including our own Emma from

the Garden Café. We are so proud of her!

We would like to say a massive thanks to everyone who took part: all the actors; James Farrar, who wrote, directed and had cameo role in the Panto; Charlotte, who did logistics; Robin, who organised the music and lyrics; Micheal in charge of lighting; Morgan Farrar in charge of wardrobe; Kate Mooney, who provided the dancers and all the volunteers on the night and before. Thanks to the Panto we raised £5,000 towards our roof.

Together with the Plant Swap, last year's Danceathon and our firefighters, we raised about £11,000 in 2024 for the roof. Thank you to everyone, who supported us, and if anyone has any new fundraising ideas, we are happy to talk.

The Danceathon was back by popular demand at the start of February. It was great fun, a huge success and again raised money for the roof.

We are trying hard to modernise the Community Centre and make it watertight for the next generation. We are actively looking for funding for a number of projects.

The reception area has had a face lift thanks to Kirsty, Paul and Jude, who painted and put down carpet tiles over the new year. It looks so much better and we hope you like it!

We have lots of fun events planned for throughout the year – some old favourites and some new events, such as silent disco. This is so much fun! So, keep your eyes peeled and check out social media and the what's on section of our website for upcoming events. Remember, if there is anything you want us to host, contact us and we will try to make it happen.

## Dates for the Diary

### February

- 1st Dance-a-thon 9am-8pm in main Hall  
Repair Cafe 10-1pm in Oasis
- 2nd Car Boot in Main Hall
- 5th Parkinsons Support Group ....in cafe 2pm -3.30pm
- 8th Seedy Saturday ... in Reading Room
- 9th Antiques Fair 9am-3pm in Main Hall
- 12th Cancer support group in cafe 2pm -3.30pm
- 15th Seedy Saturday...in Reading Room

### Half Term 17th-23rd ...

- 17th Pop up village in main hall
- 18th Kixx football camp 10-3pm in main hall
- 19th Writing group ...Reading Room 2-4pm
- 21st Run and Play 9:30 – 11:30am

### March

- 1st Barn Dance...Town Twinning Group  
Repair Café... in Oasis 10-1pm
- 2nd Car Boot... in Main hall 10-2pm

## Lostwithiel Area Labour

Happy New Year to One and All.

Our South East Cornwall Labour MP, Anna Gelderd, attended our recent members' meeting to update us on some of her recent activity.

Anna recently visited Lostwithiel Surgery to see at first hand how they manage to provide such an excellent service, richly deserving their rating as the best surgery in Cornwall.

Anna has this week announced more good news on the health front; Cornwall is to get its Women's and Children's Hospital, and Derriford has made it into the priority group of the New Hospital Fund.

Recently it was Anna's turn to have lunch with the Prime Minister; this tradition gives backbench MPs a rare opportunity to discuss issues affecting their specific constituency. Anna used this opportunity to discuss feedback from her constituents about the proposed changes to farming inheritance tax.

Anna has set up her team of caseworkers and now has an admin office in the Liskeard area, where the day to day office work, and meetings take place. This month she will also be launching her roving, public facing, constituency 'office'. In addition to her regular surgeries, members of Anna's team will open a 'pop up' office in locations around the constituency. Lostwithiel will get a significant number of such visits a year which will ensure that constituents have far greater access to their MP than ever before.

Interviews for prospective Cornwall Councillors have been completed and I'm delighted to announce that Annette Lee Julian has been selected as Labour candidate for Lostwithiel. Annette lives in Liskeard where she has served on the town council for a number of years. This experience has inspired her to seek to represent part of her local area on Cornwall Council.

Labour South West Regional Conference is taking place in Plymouth on Feb 15th and 16th – Cabinet members, Wes Streeting MP, Darren Jones MP and Peter Kyle MP will be attending.

Please get in touch if you would like to find out more about our friendly, local party.

Sally Sweeney ( 01208 873525)



## Lostwithiel W.I.

We began our first session of the new year, in January, with a splendid afternoon of entertainment from Bert Biskoe and Pol Hodge.

They gave us readings of many poems in Cornish followed by an English translation of each one.

They also gave us renditions of songs in both Cornish and English. The songs and poems had mainly been written by them and were a mixture of amusing and thought provoking observations. The afternoon was enjoyed by members and they were warmly thanked for entertaining us so well.

Although we celebrated our 100th birthday in 2024 Lostwithiel WI is now in danger of closing if we do not have an injection of new members with new ideas. At most meetings numbers are down to single figures, present members are progressing in age and all have held various positions on the committee.

At present we are an afternoon meeting but meetings can be held at any time of day on any day of the week to suit the majority of members. Forget the old saying "Jam and Jerusalem" it can be whatever interests you from Art to Zumba. So ladies of Lostwithiel if you want to have a WI in Lostwithiel please think about joining.

At our February meeting on the 10th an advisor from County will be attending, to see if it is viable for us to continue, so if you are interested in keeping the WI going please telephone Jean Jones on 01208 872765 before that date. Present members are very willing to give you all the details required to either keep it going as it is or start again on another day or time. We meet in the lower Oasis room of the Community Centre at 2.15pm.



• **RE-OPENING:** As Easter is a little later this year the museum will delay re-opening to visitors until Monday 7 April. This year the season will be extended and the museum will remain open until Saturday 1 November. We very much look forward to welcoming you — and your families and friends — from far and wide.

• **VOLUNTEERS:** With preparations for reopening well underway we are currently in the process of contacting existing volunteers to check on their availability for the new season. We are also looking for additional volunteers to: meet and greet visitors; act as town heritage walks guides; care for the exhibits; contribute to the in-house publications; to help with fundraising and social activities; to be involved in individual projects and events — plus general 'behind the scenes' tasks. Whatever your interests, age and ability we can offer a variety of opportunities to utilise your existing skills and to help you learn some new ones. If you think that volunteering with Lostwithiel Museum might be of interest then please contact Christine Walton on 01208 871456 or Maggie Lancaster on 01208 873093.

• **BEHIND THE SCENES:** Closing the museum during the winter months provides vital opportunities to carry out routine maintenance tasks as well as making overall improvements to displays — ie the sort of activities that can't easily be done when we're open to visitors. A very special thank you to all those volunteers who've given their additional time and 'gone the extra mile.'

• **SOCIAL EVENT:** All museum volunteers are invited to attend a pre-season social event to be held in Q Street Cafe at 6.00pm on Wednesday 26 March. Those of you who've attended similar events will remember how delicious the 'not to be missed' home-made canapés are !

• **MEMBERSHIP RENEWAL TO LOSTWITHIEL MUSEUM ASSOCIATION:** This is a reminder to those who've yet to pay the £10 per household membership renewal fee due for 2025. A Renewal Form was included in Issue 17 of the Museum Matters magazine distributed during Autumn 2024. If the form has been mislaid or you're not sure whether or not you've paid please contact the Membership Secretary via the museum website [www.lostwithiel-museum.org](http://www.lostwithiel-museum.org)

We are grateful to those of you who've renewed your membership so promptly — and especially to those who also added a donation or completed the Gift Aid Declaration Form. Gift Aid is important as it enables the museum (a charity) to claim an additional 25p for every £1 paid.

• **INFORMATION FOR NEW MEMBERS OF LOSTWITHIEL MUSEUM ASSOCIATION:** If you want to actively support your local museum then please join Lostwithiel Museum Association. Membership for your entire household is still only £10 per annum. This entitles you to receive two complimentary copies of the in-house Museum Matters magazine (distributed Spring and Autumn) plus an invitation to an annual social event and talk. To join please contact the Membership Secretary [www.lostwithielmuseum.org](http://www.lostwithielmuseum.org)

• **MUSEUM WINDOW DISPLAY:** During January you will have noticed a variety of in-house museum publications on display in the museum window. When the museum is closed to visitors these items can be purchased from other outlets in town eg The Mess Hall and Watts Trading in Fore Street, and Q Street Cafe in Queens Street. If you need further help please contact Christine Walton on 01208 871456.

The LMA wishes all our volunteers, members and supporters the very best for 2025.

Please follow us on Instagram(@lostwithiel\_museum)and on Twitter(@lostmus)or visit our website [www.lostwithielmuseum.org](http://www.lostwithielmuseum.org),and Twitter at <https://.com/lostmus>

## KID'S COLUMN

### LET'S CELEBRATE FEBRUARY!!! BIRTHDAYS!



Happy birthday to our Bella boo, we all love you to the moon and back, from Mummy Daddy and Ellie xx



Huge Happy 11th Birthday Wishes to Denny the Magnificent! Keep Creating! Love Daddy, Mummy and Rex xx



Happy 11th Birthday Mareena Ballerina, love from Mum, Dad,

### Lostwithiel Floral Art Group

Our next meeting will be on Wednesday 26 February at Lanhydrock Hall starting at 2.30 p.m. As usual there will be a demonstration and the various arrangements will be raffled after we get together for a cuppa and chat. Come along and join our very friendly group. We look forward to welcoming you.





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### OPEN MEETINGS

Our first – very well attended - Open Meeting of 2025 was on Monday 6th January in the Church Rooms in Lostwithiel where the guest

speaker was Lynn Goold, who took us on a guided tour through Daphne du Maurier's Cornwall. Lynn gave us some fascinating insights into du Maurier's life in Cornwall and how the landscape, people and places influenced her novels such as Frenchman's Creek, My Cousin Rachel, Rebecca and Jamaica Inn. Lynn also gave us some insights into the du Maurier Fowey Literary Festival, of which she is a trustee. And in our Community Slot, Sheila Bawden, in her role as Chair of the Lostwithiel Social Club, gave us an update on the Club as well as delving into the past, telling us how it was formed in 1890 and how it had recently been revived, with events such as the highly successful Mrs Jarley's Waxworks – it's great to know we have such a wonderful, volunteer-run, community asset here in the centre of Lostwithiel!

Our next Open Meeting is on Monday 3rd March at 2pm in the Church Rooms, Lostwithiel where we'll be hearing from local historian Brian Oldham about Trades and Occupations in 19th Century Liskeard; the town expanded rapidly during the Caradon copper boom and became an important business centre in east Cornwall. This promises to be an extremely interesting talk and would also be a great opportunity for anyone wanting to find out more about Lostwithiel Area u3a to come along – you would be most welcome!

### UPDATES FROM OUR GROUPS

With over twenty active interest groups there is always something going on! Many of our groups are now gearing up for their adventures in 2025 and are putting dates in the diary for visits, walks and lots of other events. Over the last year the Electric Bikers' went on 46 rides, totalling 1,060 miles – the equivalent of riding from Lostwithiel to London and back.....twice! And the Pop and Rock Music Appreciation Group listened to 184 tracks during 2024, from Arthur Askey and the Arctic Monkeys to Yes and Neil Young (sadly no Zappa, The Zombies or Zoot Money to complete the A-Z ...).

Lostwithiel Area u3a is one of over 1,000 u3a groups across the UK and we provide the opportunity for people no longer in work to socialise and share new ideas, skills and interests. Our members enjoy many interest groups ranging from Art Appreciation and Bridge to Theatre and Wine Appreciation. You can find out more about all the groups and our exciting programme of regular Open Meetings - plus how you can join - on our website at [www.lostwithielu3a.org.uk](http://www.lostwithielu3a.org.uk).

Contacts :

Chair : David Platt 07484 124490

Membership : Stephanie Thomas 07980 871491

## Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans. Royal Navy, Army, Royal Air Force, no matter how long or short your service was.

The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!

Wives , partners, children welcome.

Next meeting - Saturday 22nd February

Venue - Earl of Chatham, Time - 09.30 - 10am Raffle

## Fowey River Lions

We are delighted to welcome Ann Munford as a new member to Fowey River Lions, pictured below with Lion President Steve Jones.



Busy December. Not only did we hold a very successful Senior Citizens Christmas party at Fowey River Academy but the following weekend we had a Santa's Grotto with entry by donation. Some 26 children came to see Santa in his grotto. Every child spoke with Santa and was given a bell to commemorate their visit.

Fowey River Lions were delighted to be asked to accompany Santa, on his tour, to Trecarrel Rest Home at Tywardreath. It was heartwarming seeing the delight on peoples faces as they accepted their presents from Santa before having a very traditional Christmas tea party. It was an emotional afternoon. Santa certainly bought some cheer to the residents that afternoon. The Lions would like to express their gratitude to all the Care Home staff for the hardwork they put in throughout the year, it is real dedication.

### Easter Eggs

Our Easter Egg Draw will be out in a Pub or Shop near you from early March. Please look out for them to support Fowey River Lions.

### Bingo Night - Coming soon! Wednesday 12th March Haveners, Town Quay, Fowey

Please book in advance on 01726 834591

Join Fowey River Lions – If you would like to see what we do why not come along to one of our regular meetings. There is no obligation, but we would love to meet you. We meet the first Monday of the month 8pm at The Ship Inn, Polmear, Par.

We started in 1977 with a large group of likeminded people helping their local community and helping to raise funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities such as Children's Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact, it can be great fun and gives a great feeling of satisfaction. We hold monthly business meetings and have a monthly social event. We welcome anyone in the area to come and meet us and see what we do. We would love to meet you.

President: Lion Steve Jones      Treasurer: Lion Ruth Rouse  
Secretary Lion Lynn Goold

email: [foweyriverlions@gmail.com](mailto:foweyriverlions@gmail.com)

facebook: [foweyriverlions](https://www.facebook.com/foweyriverlions)      Tel: 0345 833 7484

## LIFE DRAWING WORKSHOP

in the Millpool studio and online

Next Date  
7/02/25 10am-1pm

Take it from these guys...  
Here's what some clients are saying...

"I was admittedly a little apprehensive beforehand but you somehow enabled all of us to create something amazing. Pairing the mathematical element to get the proportions right, with the freedom to let go with the charcoal was brilliant - and remembering to leave my inner critic out of it until I was finished really helped me to go with it and trust the process."

"By the end of the session, I could see a transformation in my confidence and artistic skill."

"Olivia's expertise shone through and the group was relaxed and friendly...I will definitely be signing up to the next course."

"Olivia's life drawing session completely transformed my perspective."

She has a wonderful ability to make everyone feel at ease, patiently guiding us through techniques and offering supportive coaching throughout the session. It was truly an amazing experience! Whether you're a total beginner like I was or a seasoned artist, I wholeheartedly recommend giving this class a try. Olivia's unique approach to creative coaching is inspiring, and her passion for teaching shines through in every moment."

"Olivia is knowledgeable, enthusiastic and encouraging and gave just the right level of useful help and feedback."

## 1 Space Left for February Life Drawing Class!

7th Feb, 10-1pm

Would you like to try something new, with professional guidance and support...and successfully achieve it?

When you attend these life drawing sessions, you come away feeling,

*Wow! I never knew I could do that!*

If you want to feel that personal win, well, this is the class for you.

There is 1 space left for the February class, and I can't wait to see who takes the leap and grabs it.

Hit reply with a, "Yes please!" and it's yours.

(first come, first served)

Love, Olivia

*p.s - If you're already booked in, bravo! Can't wait to see you!*

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Lostwithiel Twinning Association  
Presents a Fundraising

**Cèilidh**

Dancing with Music & Calling from

**Catseye Morris**

At the Community Centre

**Saturday March 1<sup>st</sup> 2025**

Doors open 7pm Workshop 7.30

Dancing from 8pm

**Bar with Snacks**

Tickets from Watts Trading Lostwithiel

Adults £10 - 16 & under £5 - Cash Only

Google - Eventbrite Lostwithiel Ceilidh





# Lostwithiel Methodist Church

Taprell House, North Street (next to the Library)

[www.lostwithielmethodist.co.uk](http://www.lostwithielmethodist.co.uk)

**Services in February at 11.00a.m**

**February 2nd Forward Fellowship**

**February 9th Café Church**

**February 16th Chapel Anniversary with Carole Thornton**

**February 23rd Café Church**

**Cafe Church.**

Very informal worship. It includes songs/hymns, prayers, readings, sketches and videos plus a chance to talk and laugh. No sermon. Families, children and young people are very welcome.

**Thursday February 27th Coffee morning 10.30 until noon. Coffee is free but, following the talk at our coffee morning in November, donations are encouraged to help us Twin our Toilet with one in South Sudan (through Tear Fund).**

Donations to the Foodbank may be brought at any time the church is open.

Rooms are available for a donation.

**'Sew What' Group:** 1st and 3rd Thursday afternoons 2-4p.m.

**Music Appreciation:** 4th Wednesday of the month 7:30p.m.

**Minister: Rev.** Paul Benney 01726 844 471

**Local Contact:** Mrs M Mitchell 01208 367016

## Chapel Chat

*Most of all, love each other as if your life depended on it. Love makes up for practically anything. Be quick to give a meal to the hungry, a bed to the homeless—cheerfully. 1 Peter 4:8 from The Message*

**Coffee Morning**

February 27th 10.30 -12

Coffee is free but you may like to make a donation to Go Beyond. This is a warm space to come and have a friendly chat

**Church Activities at a glance**

Feb 2nd Fellowship, 'The Way Forward'

Feb 4th Chapel Cleaning

Feb 9th Café Church

Feb 16th Chapel Anniversary

Feb 23rd Café Church

Feb 27th Coffee Morning

Stitches - every 1st and 3rd Thursday 2-4

Music Appreciation Group – Last Wed. of the month at 7.30

Minister: Rev. Paul Benney 01726 844471

## Cancer Research UK Lostwithiel Branch

Our last event of 2024 the annual Christmas Coffee Morning was a real success; not only did all our supporters have some great food and enjoyed the company of new and old friends but through the extreme generosity of the people of Lostwithiel we made £700 for our charity. We normally have January and February off from our events but work is now going ahead to plan our 2025 programme which I'm sure will be well supported. A Big Thank You again for all our supporters and helpers without whose help we could not succeed.



## Lostwithiel Bingo Fundraisers.

I hope you all had a good Christmas and New Year.

I would like to take this opportunity to thank everyone who supported us throughout 2024. To all my willing helpers ; - callers, checkers, book and raffle sellers and Pat, Ruth and Janet for help with the food.

Through your support we have been able to donate the following.  
Cowbridge Residents Funds £500.

Lostwithiel Town Band £300.

Lostwithiel Museum £250.

Youth Football £50.

Lanlivery Rally £500.

New Planters on the Railway Platforms £200.

Our 4 Charities being Children's Hospice, Mt. Edgecombe Hospice, Air Ambulance and Cornwall Blood Bikes all received £1525.00 each.

What a fantastic year we have had.

We start back again on the 7th February every Friday in the Church Rooms. Doors open 6.30 start 7.30pm. We are now looking for any local charity or organisation

who would like a donation for this year please contact Joyce or Paul on Facebook.

Everybody Welcome.

## Lostwithiel Rainbows

**FOR GIRLS AGED 4-7 YEARS**

We began our first session of the new year, in January, with a splendid afternoon of entertainment from Bert Biskoe and Pol Hodge.

They gave us readings of many poems in Cornish followed by an English translation of each one. They also gave us renditions of songs in both Cornish and English. The songs and poems had mainly been written by them and were a mixture of amusing and thought provoking observations. The afternoon was enjoyed by members and they were warmly thanked for entertaining us so well.

Although we celebrated our 100th birthday in 2024 Lostwithiel WI is now in danger of closing if we do not have an injection of new members with new ideas. At most meetings numbers are down to single figures, present members are progressing in age and all have held various positions on the committee.

At present we are an afternoon meeting but meetings can be held at any time of day on any day of the week to suit the majority of members. Forget the old saying "Jam and Jerusalem" it can be whatever interests you from Art to Zumba. So ladies of Lostwithiel if you want to have a WI in Lostwithiel please think about joining.

At our February meeting on the 10th an advisor from County will be attending, to see if it is viable for us to continue, so if you are interested in keeping the WI going please telephone Jean Jones on 01208 872765 before that date. Present members are very willing to give you all the details required to either keep it going as it is or start again on another day or time. We meet in the lower Oasis room of the Community Centre at 2.15pm.


## From The Station Garden Team

Following our recent request in the Newsletter for help in replacing some of the rotten wooden troughs on the station we would like to thank all those who contacted us and offered help—we now have promises of 6 new planters which we hope will be with us by the Spring to help brighten up the station platforms for locals and visitors alike.

With so many additional planters our appeal now is for some sponsorship from business groups or local organisations to provide financial contributions to pay for the compost and plants. If you feel that you would like to help please contact Chris Dimond, one of the team, on 07535 112573.

# You are invited to join the 'Rotary Youth Apprentice Challenge'



Rotary  
South West Peninsula 

## 'Helping Young People achieve their potential'

Tuesday 1<sup>st</sup> October 2024 – Saturday 15th February 2025

For further details please contact your local Rotary club or visit [rotarysw.info/the-apprentice-challenge](https://rotarysw.info/the-apprentice-challenge)

**Rotary in the South West Peninsula has an opportunity for young people to raise funds for the charities ShelterBox and Literacy in a Box, and for their own causes.**

**We are inviting your organisation to get involved!**

**The team who raises the most money will receive additional prizes for their organisation.**

The top three teams will be awarded Trophies, Certificates and Cash Vouchers towards their organisation. (Prizes will be awarded at the Rotary District Conference in March 2025.)

### **The ask of your organisation:**

- You will receive £50 seed funding – to be returned at the end of the challenge.
- Your team should aim to maximise the £50 to attain as much profit as possible, reinvesting profits for the duration of the challenge - the more creative you are, the more fun your team can have.
- Your team will keep 50% of what you raise and will split the remaining 50% between ShelterBox & Literacy in a Box.
- Along with your partner Rotary club, you will sign the memorandum of understanding to establish a framework for collaboration and confirm a common understanding of expectations & responsibilities.
- Sharing of your involvement with the activity with your networks (via word of mouth, newsletters, or social media) is encouraged.
- Your team will be welcomed at your partner Rotary club.

#### **Please note:**

- The challenge starts on or after 1st October 2024 and finishes on 15th February 2025.
- Youth groups can include teams from Schools, Guides, Scouts, Cadets, and other youth organisations.
  - All entrants must be aged between 8-18.

**[rotarysw.info/the-apprentice-challenge](https://rotarysw.info/the-apprentice-challenge)**





# ROTARY CLUB OF LOSTWITHIEL



## CHARITY BEER FESTIVAL SATURDAY MARCH 15<sup>th</sup> 2025 LOSTWITHIEL COMMUNITY CENTRE

Emotions run high at the Rotary Club of Lostwithiel as we say our goodbyes to our colleague and dear friend, Mick Townsend, who sadly passed away last month. Mick, along with his wife Kath, will be fondly remembered in Town as the very successful landlords of the Kings Arms.

In Rotary, Mick rose through the ranks to be our President in 2021, but will be fondly remembered in Town for organising and reinvigorating the Fast Throw Darts Competition making it one of the most enjoyable and friendly evenings in the Rotary calendar.

Mick ignored the Health and Safety sceptics and Fun Prevention Officers to promote the Raft Race into a key event in the Lostwithiel Town Carnival week.

However, it is the Charity Beer Festival where Mick really came into his own. Taking over from Skinny Worden, that in itself was not an easy act to follow, Mick continued with the established philosophy of having a wonderful time, but raising some cash for the less fortunate in this world.

The 2025 Beer Festival will go ahead as initially planned with Mick, a tribute to our friend who will be greatly missed.

As well as a range of fine real ales, wines and draught lager and cider, the day will present the last day of the rugby Six-Nations tournament shown on the big screen.

Soft drinks and food will be available during the event. There is no entry fee and only a modest charge for the glasses provided, so come along between 11.00am and 10.30pm and have a great time and drink a toast to Mick for all that he gave to our Town.

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next to the library  
on the first and third Thursday of the month,  
2 - 4pm

We each donate £2 towards the chapel





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<b>WEDNESDAY 23RD OCTOBER 10AM</b>	<b>LOSTWITHIEL COMMUNITY CENTRE PLEYBER CHRIST WAY LOSTWITHIEL PL22 0HA</b>
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## Lerryn Area Minibus Association

**February 2025**

**Providing community transport for people living in the Lerryn Area**

Trips leave from Lerryn and Lostwithiel, and return at the times shown below.  
It is essential to book your seat and arrange a pick-up point.



For bookings, passenger registration and all queries, please  
call Jo on 01208 811175




DATE	DESTINATION		TIME	RETURN FARE
Tue 4th Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Tue 11th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Fri 14th Driver: David	Truro	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£6.00 adult
Sun 16th Driver: Nick	SPECIAL TRIP St Breward Sunday Lunch	Lerryn Lostwithiel	11:00 - 15:00 11:15 - 14:45	£5.00 adult
Tue 18th Driver: Ian	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Sat 22nd Driver: David	LAMA Spuds 'n puds in Lerryn	Lostwithiel	11:45 - 14:15	£0.00 adult
Tue 25th Driver: Richard	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 27th Driver: Annie	SPECIAL TRIP Trago Mills Pensioners' Discount Day	Lerryn Lostwithiel	09:30 - 13:00 09:45 - 12:45	£4.00 adult

All people living in the area may register. Under 18s travel half price.

NB: Please see [lerryn.net](http://lerryn.net) for full details of LAMA's services.

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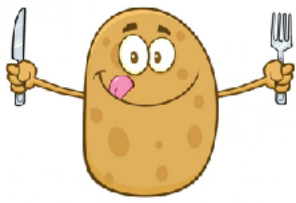
**Tuesday 10 to 5.30**

**The Reading Rooms,  
Community Centre Lostwithiel**

**Or Call 07887 391473 For A Chat  
or to Book an Appointment**

## Lerryn Area Minibus Association

**By popular demand it's...  
Spuds 'n Puds time again!**




**Come & join in this  
unmissable event:**

**Saturday 22nd  
February 2025  
12-2pm  
Lerryn Memorial Hall**

**Home-made!**

Delicious baked spuds with a choice of toppings, plus a range of scrumptious puds.  
Two-course meal just £12  
(All proceeds to LAMA)




Courtesy minibus service from  
Lostwithiel

11.45 Library Gates

NB Water Provided!  
Bring your own beer/wine if you wish!

Courtesy minibus service from  
Lostwithiel

11.45 Library Gates



For full details of LAMA's services visit [lerryn.net](http://lerryn.net)

## Fowey RNLI

At the end of December Paul Gamble stood down as an active lifeboat crew member, after a very impressive 45 years and 9 months volunteering for the RNLI. Paul will continue to work in his IT role for the RNLI and we wish him all the very best for the future.



**Paul Gamble**

We're recruiting for volunteers to join our lifeboat crew in Fowey. Being a lifeboat crew member is one of the most exciting and fulfilling volunteer roles you could do. The RNLI is an inclusive organisation, providing first class equipment, training, guidance and support. This is a great chance to learn new skills, gain experience and make some great new friends as well. No previous nautical knowledge or skills are needed, as all crew must undergo a full RNLI training programme. We aim to launch within 13 minutes on a shout, so you'll need to live or work in Fowey. We particularly need people who are available during the day. You need to be over 18 years old and be under 55 years old (in-shore lifeboat crew) or under 65 (all-weather lifeboat crew). You'll need to be physically fit and to complete a health assessment. We also need shore crew, especially for the daytime. Shore crew help to get the boat ready to launch and then clean it down and make ready for service after a shout. If you are interested in joining the Fowey crew, please email [Chris\\_Ogg@rnli.org.uk](mailto:Chris_Ogg@rnli.org.uk) to request an 'expression of interest' form.



**One of the very first Fowey lifeboats, Arthur Hill, on the beach near the original Fowey lifeboat station at Polkerris.**

Thank you to everyone who came along to visit our Fowey lifeboat history exhibition, and thank you to Gallants for hosting us. Special thanks to ex-crew member Marcus Lewis, who gave a really interesting talk on the 'History of Fowey Lifeboats'. For those who missed it, pictured here are a few photos from the exhibition.

Thank you to everyone who turned out to support the RNLI Cornwall Reindeer Run last month, which raised £1,425 for the RNLI.

The Fowey RNLI Shop will re-open for half term in February.

Keep up-to-date with all of our shouts, news, events and activities on social media on X/Twitter [@Fowey\\_RNLI](https://twitter.com/Fowey_RNLI) and on Facebook [@FoweyLifeboat](https://www.facebook.com/FoweyLifeboat) and [@FoweyLifeboatCommittee](https://www.facebook.com/FoweyLifeboatCommittee)



**Fowey lifeboat C.D.E.C naming ceremony at Whitehouse in September 1929.**



**Fowey lifeboat, Denys Reitz, off Fowey Town Quay, open steering no radar and crew wearing kapok lifejackets.**



**1985 crew outside the old boathouse next to the Galleon, facing Town Quay. Steve Barker 2nd cox, Keith Stuart cox, Bill Taylor, Brian Willis.**



**'Lifeboatmen of Fowey', painted in 2000 by artist Jeff Stultiens and now hanging in Girton College, Cambridge.**





#### TREASURER REQUIRED TO JOIN BOARD OF TRUSTEES.

We are looking to build further, the Festival board of Trustees. In particular, we are looking for someone with an accountancy background to join as Treasurer. The role will oversee the finances of the charity, working closely with the Chair and Festival Director, to develop an annual budget. In addition, the Treasurer will provide monthly management accounts, ensuring the board has the information it requires to carry out strategic decisions. To find out more please get in touch by email [lynn@foweyfestival.com](mailto:lynn@foweyfestival.com)

### Bingo Night

Wednesday 19th February 2025

Haveners, Town Quay, Fowey

Eyes down 7.30pm

**£10 per person payable in cash on the night**

PLEASE book your space in advance by contacting Haveners  
01726 834591

Come and join us at Haveners, for a fun night of Bingo with lots of good prizes. There will also be a raffle with even more lovely prizes. Please book your place in advance to avoid disappointment. Thank you to all the businesses who have kindly donated some of the prizes, we are very grateful for your support. We look forward to seeing you there.



#### COMPETITION FOR YOUNG WRITERS AND ARTISTS

2025 THEME: ***Making Waves***

The aim of the Competition for Young Writers and Artists is to encourage young people to engage in visual arts and creative writing, to celebrate their creativity and originality. This year, each young artist and writer is invited to create a work of art or write a poem, story or report on the theme 'Making Waves!' The idea for the theme came from the festival's new logo!

The competition is open to all children living in Cornwall and the Isles of Scilly aged 4 to 16 on 31st August 2025. Thanks to generous sponsorship, entry is free and prizes are awarded in each category and age group. Additionally, a Young Writer and a Young Artist of the Year will be selected.

The challenge is to produce an original picture, poem, short story or piece of factual writing. The theme this year is 'Making Waves!'. We want the theme to work for you. Perhaps use a dictionary to explore the meaning 'Making Waves!' The more you think about it, the wider the theme is. Have fun, and we look forward to reading and viewing a wide range of interpretations of 'Making Waves!'.

For Rules and guidance, independent and school entry forms please go to [www.foweyfestival.com](http://www.foweyfestival.com)

Closing date 5th March 2025

### Adult Short Story Competition 2025

We are delighted to announce that once again, we will be running our Adult Short Story Competition. The title is 'Making Waves'.

The story must be your own work and not previously published. Other than that, let your imagination roam and have fun 'Making Waves'. We are looking forward to hearing from all those budding authors who can let their creative mind wander, resulting in wonderful intriguing, and engaging short stories.

Entries must be your own work, no more than 1,500 words and must include the title, but the interpretation is entirely up to you! The competition is open to all those over 16 years of age. Entry costs £10 per story. There will be a first prize of £200 and a second prize of £100. All entries must be received by noon, on March 28th, 2025. Winners will be announced in time for an award ceremony at the Festival in May.

For full details, please visit [www.foweyfestival.com](http://www.foweyfestival.com)

**Friends of the Festival:** Becoming a Friend of the Festival is easy, simply head to: [www.foweyfestival.com/friends](http://www.foweyfestival.com/friends) where you can read about the different memberships and sign up online. By becoming a Friend, you will receive advance notice of the Festival programme, exclusive Friend's early bird ticket booking, in addition to discounted tickets. A membership starts from as little as £30 and is a great way to support the Festival. The 2025 programme of events will be published in mid-March, so start planning your break now. We look forward to you joining us.

You can keep in touch with us as follows:

[www.foweyfestival.com](http://www.foweyfestival.com) Email: [info@foweyfestival.com](mailto:info@foweyfestival.com)

Twitter: [fowey\\_festival](https://twitter.com/fowey_festival) Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)

The du Maurier Festival Society, Registered Office: 4, Quiller Couch Way,  
Fowey, Cornwall, PL23 1DN

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### Boconnoc Church

1st, 2nd and 4th Sundays - Matins at 11am led by a local worship leader 3rd Sunday each month at 9:30am - sung Eucharist led by the Rector.

### Book Of Common Prayer



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or ring 01208 873 187 Monday – Friday





St Bartholomew's Church continues its support of Lostwithiel Community with the installation of an Automatic Defibrillator, accessible 24 hours per day in the South Porch of the church.

In an emergency dial 999 and ambulance service will give instructions on how to access this unit

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## USEFUL INFO & CONTACTS

**LOSTWITHIEL MEDICAL PRACTICE - NORTH STREET SURGERY**  
01208 872 589 8am- 6.30pm Please ring to request an appointment.  
For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. [www.lostwithielmedicalpractice.nhs.uk](http://www.lostwithielmedicalpractice.nhs.uk)

**CORNWALL BEREAVEMENT SUPPORT:** For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see [www.cornwallbereavementnetwork.org](http://www.cornwallbereavementnetwork.org). To speak to someone about emotional support available ring **01726 829 874** 10am - 6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am-4pm Monday - Friday.

**HEALTH & MENTAL WELLBEING SUPPORT:** [abichanning@nhs.net](mailto:abichanning@nhs.net) Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

**CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE :** 0800 038 5300 This service is there for everyone.

**CITIZENS ADVICE, BODMIN -** Ring **0800 144 8848** Mon-Fri 10am-4pm [www.citizensadvicecornwall.org.uk](http://www.citizensadvicecornwall.org.uk) Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am-11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am-4pm

**ST AUSTELL FOODBANK -** If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: [info@staustell.foodbank.org.uk](mailto:info@staustell.foodbank.org.uk) [www.staustell.foodbank.org.uk](http://www.staustell.foodbank.org.uk) for general info or to set up a cash donation.

**CORNWALL COUNCIL -** Ring 0300 1234 100 or see their website [www.cornwall.gov.uk](http://www.cornwall.gov.uk) for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

**MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL** Ring **01208 872 368**

**CARRIAGE WORKS DENTAL PRACTICE -** Ring **01208 873290** or email [enquiries@lostwithieldental.co.uk](mailto:enquiries@lostwithieldental.co.uk)

**PELYN VETS -** 01208 872 254

**VOLUNTEER CORNWALL -** 01872 265 305 For volunteer befrienders.

**SILVERLINE-** for older people Ring **0800 4708 090**

## Diary Dates



GROWING  
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**Seedy Saturdays  
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 Lerryn Memorial Hall, PL22 0PT

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