



email: palaceprinters@btinternet.com

JUNE 2024

FREE

LOSTWITHIEL NEWSLETTER



Lostwithiel Business Group call to action:

YOUR TOWN NEEDS YOU.

Local businesses struggle as footfall remains dramatically low.

Lostwithiel is a town to be incredibly proud of.

How many other Cornish communities still remain centred around a High Street filled with independent businesses?

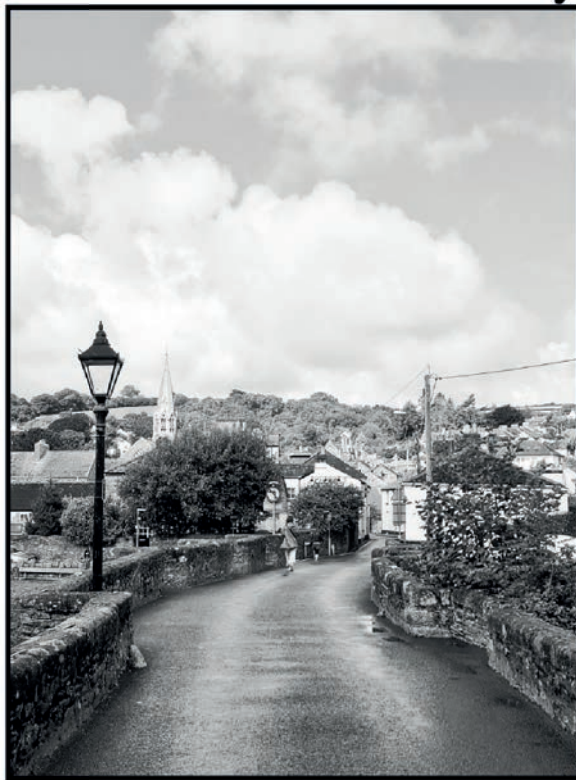
A butchers, Deli, Newsagents, Chemist, cafes, lifestyle stores, antiques, crafts, beauty services, pubs, community centre, we've got it all.

But the very thing that makes Lostwithiel so unique is under imminent threat.

Local business owners have reported record lows in footfall, understandably hitting finances hard.

We want to call upon our community to get out, visit the High Street & show your support.

Every penny spent with a Lostwithiel business



directly boosts our local economy. Keep our town vibrant, full of life & ensure Lostwithiel remains the special place we know it to be.

Please come out and vote with your hard earned cash, or simply show your support by spreading the word about how wonderful this unique town is.

Thank you.

WHAT'S ON WHERE – MARKETS, EVENTS & GROUPS – JUNE

LOSTWITHIEL LOCAL PRODUCE MARKET – Lostwithiel Scout Hut, 4th SATURDAY of each month Saturday 22nd June from 10am -1pm + Zero Waste Mobile Shop. See Lostwithiel Farmer's Market Facebook Page or contact Helen coppergon@hotmail.co.uk

LOSTWITHIEL ANTIQUES & COLLECTABLES MARKET: First Saturday each month, Scout Hut 10am-1pm: 1st June Contact Ann 07881826 032

ANTIQUES FAIR: Sunday 2nd June Main Hall Community Centre 10am

CAR BOOT SALE: Sunday 1st September Community Centre 10am

LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

See Facebook or www.lostwithielcommunitycentre.org.uk for latest updates on events and activities at the Centre, or ring 01208 872 207. You'll find a full timetable of weekly groups/activities on page 5.

POST OFFICE: MONDAY 12 - 3pm & THURSDAY 9.30am-12.30

FRIENDSHIP CAFE: THURSDAYS AT THE CENTRE 2-4pm

PRE-SCHOOL PLAYGROUP: TUESDAY 9am-12 noon

Garden Cafe open Monday – Friday until 3.30pm, Sat until 3pm – Homemade Cakes, Breakfast Baps, £1 Children's Menu.

COMMUNITY CENTRE CAR PARK:

LLOYDS BANK VAN: Fortnightly – 3rd and 17th June 10 - 11:15 am

Mevagissey Fresh Fish Van FRIDAYS approx 11am- 12 -also a (different) Fresh Fish Van every MONDAY am on the Parade.

SCOUT HUT (MAIN CAR PARK):

Produce Market: 4th Saturday of month (see top of page) 10am-1pm

Qui Gong 9.15-10.15am Mondays sweetzersturt@icloud.com.

Wholistic Yoga with Ariadne Fern Mondays 10.45-12.15 addy@theferns.info

NEW! Modelmaking Group – all welcome - 1st TUESDAY each month 6-8pm

Lostwithiel Young Farmers Club Monday evenings

Rainbows, Brownies etc – check national websites for info

DRILL HALL (next to Co-op):

Lostwithiel Army Cadets Tuesdays 6 -8.30pm

CHURCH HALL, CHURCH LANE:

Enquiries Rev. Sheila Bowden - 01208 871344 or st.bartshall@gmail.com

Table Tennis: Mondays 6pm, Thursdays 1.30pm

Lostwithiel Garden Society:

Lostwithiel Old Cornwall Society :

Life Drawing 7.30-9.30pm Alternate Wed/Tue

Mid-Cwll Photographic Club: 5th and 19th June (1st & 3rd Weds) 7 - 9pm

Lostwithiel Bingo Fundraisers: Friday Evenings 6.30 for 7.30pm

Gateway Church: 5pm Sundays

Community Cafe : Every Friday 10am-2pm All welcome, pay what you can

LOSTWITHIEL SOCIAL CLUB, FORE STREET: lostwithielsc@gmail.com

Bookings & Info: b.greswell@btinternet.com, sheila.stevens@btinternet.com

01208 872 335 or via Facebook:

Lostwithiel Social Club New Meeting & Conference Rooms are available to hire

Friday & Saturday Evenings: Bar open 7pm

Free Pool Night: Every Wednesday 7pm

Bingo with Paul Sweet: Every Sunday, eyes down 7pm

Monthly: First Friday - Quiz Night, Second Friday - Folk Jam

CONTACTS

Lostwithiel Town Band: Ian Tregonning 01726 817 100 /Jane Richards 01208 871 278

Bowling Club, Restormel Road For info ring 01208 871 784

Health Visitor Under 5s Clinic: For info ring Penrice 01726 74969

Lostwithiel Badminton Club – ring Eddie Sugar 01208 871 111 for info

Speedwatch: Email: jeff.penrose@me.com

Check www.lostwithiel.org.uk for up to date listings of events in and around Lostwithiel.

LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **MONDAY 1st July 2024**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

palaceprinters@btinternet.com by 20th June 2024

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873 187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

DISCLAIMER: Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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From the Mayor

On the 7th May the Town Councillors voted me in as Mayor for a second year of office. I would like to take this opportunity to thank them for having the confidence in me in this role. It is an honour and a privilege to serve as Mayor of this beautiful historic town. In May 2025 there will be local Council elections in

Cornwall. In the 2021 elections not enough residents stood for election as Town Councillors. As a consequence, Lostwithiel Town Council does not currently hold the General Power of Competence. This is an important power as it gives your Council the power 'to do anything that individuals generally may do' as long as they don't break other laws. As Lostwithiel has 16 Council seats to be eligible to use this power the Council needs 11 Councillors to be elected at the May 2025 elections. We do hope that more residents will want to stand for Council next year, if you are interested, please do speak to any of the current Councillors. We currently have one Councillor vacancy albeit it only until May 2025, please do contact any Town Councillor or the Council office to discuss what is involved.

I thought it would be nice to give you a general taste of what the role of a Mayor entails. It's not just about chairing the monthly Council meetings which is obviously very important, there is so much more to it.

As Mayor you have the opportunity to attend many events/meetings to promote Lostwithiel. This includes Mayor Making/Civic services at other Towns around our county. A favourite event in my diary is the High Sheriff's Annual Garden Party, this is an opportunity to meet so many different people, to promote our town and to listen to the experiences of other towns and communities.

Just last year a number of Cornish Mayors set up a group which met mostly via zoom where discussions were had regarding concerns common to a number of towns which everyone felt was really beneficial.

Cornwall Council split Cornwall into 12 Community Area Partnerships, Lostwithiel is a member of Cornwall South which is one of the largest areas covering from Braddock down to St Ewe. This gives a partnership focus and the opportunity to set up Community Priority Action Plans tailored to the communities which make up the CAP. Recent meetings for example have covered housing & environmental issues.

Many residents are under the misapprehension that as Mayor I can make decisions on behalf of the Council. The role is to act as a figurehead, 'the first amongst equals' the Council as a corporate body makes the decisions so do, please come along to a Council meeting. Usually, they are held on the first Tuesday monthly in Lostwithiel Library and start at 7pm.

I would like to remind people that we are volunteers too.

On 16th May the Lostwithiel Annual Town Meeting was held at the Community Centre. The meeting was well attended and a number of organisations gave an overview of the past year events and future projects.

Lostfest was once again a great success the weather helping of course. So many people using the trains which was so good to see. Thank you to everyone.

Finally, can I please mention that the 80th D Day Commemorations are approaching. On 2nd June there will be a Civic service at the Church and on 4th June a Concert held in St Barts starting at 7pm. On Thursday 6th June the D-Day 80 Proclamation will take place down by the War Memorial on the Parade at 8am. In the evening at 21.15hrs Lostwithiel will participate in the International Tribute. We hope that a number of residents will be able to attend.

Karin Henderson, Mayor of Lostwithiel

YOUR LABOUR CANDIDATE

Anna Gelderd

It would be an honour to be our Labour MP in the place I call home. Living locally on the Rame Peninsula, I understand the struggles facing South East Cornwall, with accessing GPs or dentists, sending our children to overstretched schools, ever-increasing bills, sewage spilling into our waters or being able to get a decent home. We need a strong voice for our special corner of Cornwall, prepared to tackle all these issues head-on. Beyond my passion for our fantastic communities, I'm a campaigner and conservationist. I've spent my career in the service of others, holding senior roles in brilliant British charities and representing the UK at the international level, including the RNLI. My experience and local knowledge mean that I've got what it takes to fight hard for people here.



My Top Priorities

1. Fight for our Fair Share

I'll campaign for better transport links, more teachers, more affordable homes and I'll bring second homes under control.

2. Tackle Tory economic failure

I'll work to reduce bills, create new jobs and boost our local economy with opportunities in industries like Cornish renewables.

3. Get the NHS back on its feet

I'll address serious issues at Treliste and Derriford, and ensure we have more doctors and dentists.

It's time to turn the page on 14 years of Conservative chaos. If you voted Conservative or Liberal Democrat at the last election and now want change, I'm asking you to put your trust in me and a changed Labour Party.

I will be the fresh start this area needs, ensuring you have a champion who will fight for our fair share under a Labour Government.

Find out more: <https://linktr.ee/annagelderd>

Contact Anna: annagelderdlabour@gmail.com

Facebook: <https://www.facebook.com/Anna4SECornwall>

Twitter: @annagelderd



Lost In Film

Visit www.lostinfilm.org.uk to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. Doors at 7pm, film at 8pm. BYO drinks.

Typist Artist Pirate King (12), Monday June 10th

A warm-hearted story about a non-conformist artist who persuades her psychiatric nurse to take her on a road trip in a last-ditch mission to get recognition for her talent.

The Great Escaper (12), Monday June 24th

On the 70th anniversary of the D-Day Landings, Bernie Jordan (Michael Caine in his final film) 'escapes' from his care home to join fellow war veterans on a beach in Normandy.

Stay Safe

*Don't give away personal information
It isn't Amazon calling to query your order*

Have Fun

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enjoy subscription channels in your living room*

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Please call:

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To arrange a home visit

email: sal-stafford@hotmail.co.uk



Gateway Church – Lostwithiel
Meeting at 5 p.m. on Sundays

Church Rooms, Church Lane.

Informal worship, relevant Biblical message and fellowship.

Light refreshments after service.

All are very welcome.

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RAISING MONEY FOR THE ROOF

This year, we are trying to raise £20,000 towards our roof repairs. The first event in March, our Dance-a-thon, raised £3,446. We would like to thank all the dance teachers, who volunteered their time to creating the programme. Without them, this amazing achievement would not have been possible.

In May, we had another fundraiser with our footballers and fire fighters, who cycled from John o'Groats to Lostwithiel (786 miles) in the Community Centre. It was great fun and very competitive –especially, when Chris, one of the firefighters, put on his full breathing equipment. Kate Stanton, our female fire fighter, did amazingly for the girls! The teams managed to do 616 miles, which meant they did not quite reach home and probably stopped in Chippenham! This is an amazing achievement! We will let you know how much we have raised and would like to thank them for their support.

The amazing Plant Swap, every Friday and Saturday, is also raising money for the roof. So far, they have raised roughly £1,000. Thank you for the support and excellent project, which enables everyone to try gardening.

If you have any fun ideas on how we can raise money, then please contact us on reception@lostwithielcommunitycentre.org.uk.

COMMUNITY HUB

Due to the community services provided by the centre, we have been designated a community hub by Volunteer Cornwall. This has enabled us to access regular funding. Plus, as we offer more than the basic services, we can get top up funding, which is not given to all hubs. This shows how important the community centre is in the provision of essential local services.

EVENTS

May

Lostfest was a triumph, and the community centre was buzzing with wonderful acts and stalls and the prosecco bar sold out! We raised £1500 towards the centre's running costs. We hope to be a LostFest venue in the future.

We also hosted the amazing Number One Ladies Accordion Orchestra – a fantastic musical event.

June / July

On July 22nd, we have the psychic Nikki Kitts as part of her summer tour. You can buy tickets on her website.

For all up and coming events at the centre, please go to the what's on section of our website (What's on at Lostwithiel Community Centre).

CONFERENCE ROOM

We have a new conference room, which we will provide local businesses and entrepreneurs with a cost-effective, professional meeting space. It is an ideal place for business meetings, committee meetings or just if you need somewhere quiet to work with colleagues. Please contact the centre to or to view the room or make a booking.

AGM

Our AGM is on Thursday 27h June at 19:00 in the Main Hall. The aim of the meeting is to present our achievements for the last year and renew the trustees. We look forward to seeing you as this is your Community Centre.

VOLUNTEER FOR OUR WEBSITE

Our website needs to be kept up-to-date and reflect all the good work and activities going on in the Community Centre. It currently does not reflect the vibrant and fun life of the Community Centre. We are looking for a volunteer to do this – it is not difficult or complex as the site has been designed to allow administrator updates but would require someone who is confident in working with technology / computers. This might be a volunteering opportunity for someone doing DoE, count as work experience hours

	Reading Room	Main Hall	Studio 2
Monday	Book Club 1 every 2nd Monday 10.am ----- Book club 2 every 3rd Monday in the month 10am ----- Post Office 12.-3pm	5-9pm Town band	Baby Ballet Boppers 10.30-11.05am 6 months -3yrs Pre-school Ballet 3-4yrs 11.10am-11.40am
Tuesday Hookers Crafters	Ruggers & 10-12pm U3A French From 2-3.30pm every two weeks	9-12pm...Preschool play group 4-5pm Kixx 5-6pm...Kixx 6.30-7.30 ladies cricket 7.45pm -8.45pm Netball	11-12pm Paracise class
Wednesday	Writing group 2.30pm	10.30- 11.30am Flexicise 1.30-2.30pm Tapacise 6.30-7.30pm Zumba 7.30-8.30pm Mens Basketball NEW 8.30-9.30pm Ladies football	
Thursday	Post Office 9.30 – 12.30pm 3.30-4.30pm Lego club	9-11am Kixx babies play group 1-2pm Strickly 3.30-5.30pm Karate	10am-12.30pm Home Arts 3:45pm - 4:15pm tap and jazz (4-6 year olds) 4:15pm - 4:45pm tap and jazz (7+) 4:45pm - 5:45pm drama and singing 5:45pm - 6:15pm grade 3 ballet 6:30pm - 7:15pm (private lesson) 7:15pm - 7:45pm adult ballet.
Friday New Cafe Crafty Chatters 2-4pm	Poetry group 10.30-12pm 1 st friday in the month		Ballet & Street Dance 3.45-4.15pm preschool Ballet 4.15-4.45pm Street Fusion Jr 4.45-5.15pm pre primary Break dance 5.15-5.45pm Tap and Jazz level 1 5.45-6.15pm Grade 1 Ballet 8+yrs 6.15-6.45pm Street Fusion Seniors 8+ yrs
Saturday		9--11Am Kixx	Dance With Kate 9.15-10.30am

	Yoga Studio	Oasis Downstairs
Monday	9-10am Pilates Matt Class 10.30am Pilates 5.15 - 6.15pm Drama+ Musical Theatre 6:45 - 7:45 Vinyasa Yoga with Kelly NEW starting July	Ladies Wi 2-5pm (monthly) 6.15-7pm Carley Stretches and Mobility
Tuesday	9am-12pm Somatic Movement Therapy 4.30-5.30pm -17.45-18.45pm Beginners Pilates with Michelle VJ 19.00-20.00 Intermediate Pilates	9.15am -9.50am Chair Yoga & Somatics
Wednesday	9.30am-10.30am Yoga 10.30am-11.30am Somatics 5.15-6pm Kids Drama & Dance 7-8pm 'Tai Chi Qigong with Angie	2 nd & 4 th in the month U3A Art workshop 2-4pm NEW Mum Dance 7.30-8.30pm 05/06/24 - 17/07/24
Thursday Cafe Friendship Café 2-3.30pm	9.30am 10.30am Step with Emma 10.30-11.15am chair yoga, Somatics & breathing 11.30-12.30pm Pilates mat work 5.30pm to 7.30pm Yoga and somatic	6.30p.-8pm French class 6pm woodturners (once a month)
Friday	9.15am – 10.10am Somatic Movement Therapy 10.15am-11.15am Yoga for well being 11.15am -12.30pm Yoga for well being	
Saturday		Woodturners 10am (once a month)
Sunday	9.30-10.30am Vinyasa with Kelly	

for a professional qualification or you may just want to contribute to the centre.

Contact us on reception@lostwithielcommunitycentre.org.uk

LCCA AGM

The Lostwithiel Community Association would like to welcome you to our AGM on Thursday 27th June, 7.00 pm at the Community Centre. The trustees will present an update on their progress to keep the centre open and their proposals to ensure that it has a successful future.

The agenda for the evening will be published well in advance on the Community Centre's website.



Lostwithiel Environment Action Forum

The River Fowey at Lostwithiel



Hooray! There are 27 new designated bathing sites in England announce this week, of which the nearest to us is the River Dart in Devon. So, what does that mean? Well, it doesn't mean that the sites are any safer for swimming and other water activities. But it does mean that the water is checked for bacteria on a regular basis by the Environment Agency. This at least gives people a chance of knowing the risks and gives us ammunition with which to berate the water company and persuade them to clean up their act. So, what about our River Fowey here in Lostwithiel? This has been a source of pleasure and enjoyment available to everyone free of charge for a considerable time and hopefully for years to come.

The condition of the river affects a whole range of people; children and adults who swim here, paddle borders, canoeists, fisherman, dog walkers who dogs inevitably end up in the water. Even those of us who eat chips and drink wine on the tables by 'the beach', and this spot is also a particular focal point for many local events and activities.

There has been increased interest in the condition of our rivers lately with high profile celebrities and events like the Oxford and Cambridge boat race drawing attention to the state of our rivers. The BBC and national newspapers have also been highlighting the problem.

We all know it's time the water companies are held to account for their lack of investment and their apparent policy of putting profits before people and planet.

Lostwithiel Environment Action Forum (LEAF) are currently engaging with the relevant authorities to seek designated bathing status for the River Fowey at the site just below the bridge with support and advice from other more experienced and knowledgeable environmental groups. The river is a major asset to our town, and we hope you will agree and support our efforts to protect the river and the wildlife which depends on it and the pleasure it gives to us all.

Rod Pomery.

The Committee of LEAF are hoping to identify one or more young people who might wish to join us and act as our 'Next Generation' liaison officer(s) – we hope to create a new programme of activity aimed especially at younger people and need your help to explore, establish and coordinate this. If you are keen to do something practical about the climate and biodiversity emergencies and have good communication skills, then please get in touch by email to register your interest - and we can explain more / how to apply: lostwithielenvironmental@protonmail.com



• SPECIAL SATURDAY WALKS: During June, July and August there will be an additional guided Town Heritage Walk on Saturdays. This is in addition to the regular one on Wednesdays. Whilst still including the major heritage highlights, the Saturday walks will be shorter and a little less energetic, lasting approximately 60 minutes rather than the usual 90 minutes. Both guided walks start at 11.00am from outside the Community Centre and cost £5. There is no need to book in advance unless you want to make a special arrangement for a group booking. For more information please contact Pauline Gillett, Heritage Walks Co-ordinator, on 01208 872040.

• SATURDAY OPENING: In addition to the usual weekday openings from 10.30 - 4.30pm, the museum is also open on Saturdays from 11.00am - 3.00pm until the end of October. A perfect Saturday morning could combine a guided Town Heritage Walk and a visit to the museum - followed by an opportunity to investigate what else this interesting town has to offer with its variety of food outlets and attractive independent shops - not forgetting the lovely river area with its picnic spots.

• LOSTFEST: I am writing this before Lostfest and looking forward to enjoying the promise of yet another amazing summer festival. When it comes to organising community events Lostwithiel certainly knows how to do it! The museum will be open for Lostfest on Sunday from 11.00am - 4.00pm. A special thank you to the museum stewards who volunteered extra hours to enable us to open to visitors. Lostwithiel Museum Association would also like to thank the Lostfest organisers and volunteers for the huge amount of time and effort an event like this entails.

• D-DAY CONCERT: The museum is pleased to be involved in the D-Day Commemorative Concert and Exhibition being held in St Bartholomew Church on 4 June. We are currently busily searching for photographs held in the extensive archive collection held by the museum.

• GRAND FAMILY HISTORY DAY: On Saturday 15 June from 10.00am - 3.00pm in Liskeard Public Hall there will be a Family and Local History event, organised by the South East Cornwall Museums Group Forum. Lostwithiel Museum and the Lostwithiel U3A Family History Group will be joining similar groups and organisations from Devon and Cornwall. Last year this free event attracted visitors from far and wide, including a New Zealand couple tracing their family connections to the West Country. Refreshments will be available. For more information please contact Lizzy Asprey on 01752 847800.

• TOWN PARISH MEETING: The Annual Town Parish Meeting was held in the Community Centre on 16 May. This event was a useful opportunity for local organisations - including Lostwithiel Museum Association - to present to members of the Town Council and the local community, their 'Achievements and Aspirations'. If you'd like to know more about museum achievements then please come to the LMA AGM to be held in the Church Rooms on 12 November.

• WINDOW DISPLAY: By the time you read this the Lostwithiel Garden Society - founded as long ago as 1943 - will have removed their display and been replaced by an even older Lostwithiel WI. We look forward to helping the WI celebrate their very special 100th Anniversary.

• THANK YOU: A very big thank you to both the Lostwithiel Jazz Cafe and the Lostwithiel Bingo Fundraisers who kindly donated money to the museum during 2023. Having promised to share how we decided to use the money we are pleased to report that the window display area has now been completely refurbished - including recovering the hanging display boards at the back. This much needed facelift has transformed the appearance and function of this vital part of the museum with its 'window on the high street.'

Thank you to museum volunteers, LMA members and supporters. Christine Walton (Chair)

Please follow us on Instagram (@lostwithiel_museum) and on Twitter (@lostmus) Facebook or via our website www.lostwithielmuseum.org, and Twitter at <https://.com/lostmus>



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The Benefice of Lostwithiel Parishes Services for June 2024

Sunday, 2 [Trinity Sunday]

Boconnoc	Matins (BCP)	11.00am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Family Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Holy Communion (BCP)	9.30am
St Winnow	Parish Eucharist	11.00am

Sunday, 9 [Trinity 1]

Boconnoc	Matins(BCP)	11.00am
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the Benefice	
St Winnow	To Bradoc	

Sunday, 16 [Trinity 2]

Boconnoc	Sung Holy Communion (BCP) Choral	9.30am
Bradoc	Evensong	6.00pm
St Bartholomew	Morning Prayer	11.00am
St Brevita, Lanlivery	Evensong	6.00pm
St Veep	Family Eucharist	11.00am
St Winnow	Family service with Holy Communion	11.00am

Sunday, 23 [Trinity 3]

Boconnoc	Matins	11.00am
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	
St Winnow	To St Nectan	
St Nectan	Evensong(BCP)	6.30pm

Sunday, 30

Lanlivery	United Benefice Service	10.30am
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Regular Weekday Services

Wednesdays - St Brevita - Evening Prayer at 5:00pm

Thursdays - St Bartholomew - Celtic Eucharist at 10:00am

Lanlivery, St Bartholomew's, St Veep and St Winnow Church and Bradoc are open every day. Please contact churchwarden for access to Boconnoc church.

The Benefice of Lostwithiel Parishes

Revd Paul Beynon(Rector) - Tel No: 01208 592765
Revd Sheila Bawden(Associate Priest)-01208 871344

**Church Centre [Benefice administration office-
open Monday-Wednesday morning,9am-12pm]**

St Bartholomew's Church, Church Lane, Lostwithiel, PL22 0EG

Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans. Royal Navy, Army, Royal Air Force, no matter how long or short your service was.

The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!

Wives , partners, children welcome.

Next meeting - Saturday 22nd June.

Venue - Fowey Valley Hotel, Time - 09.30 - 10am Raffle

Any enquiries please contact :- Simon Bell

Simon@Foweyvalleyhotel.co.uk or 01208 872223.

Lostwithiel Garden Society

Our next garden visit is on Tuesday 11th June 2024 to Pendower House, Lanteglos-on-Fowey, PL23 1NJ former rectory gardens.

Meet at Lostwithiel Community Centre at 6pm to car share.

Any queries please contact Jenna Pegg on 01208 368169

St Bartholomew's News

Some warm weather and sunshine last month made the time seem to hurry along. We all now have to try and catch up with what we should have been doing during the prolonged rainfall, which left the gardens so waterlogged that it was impossible to even walk on. But nature is wonderful and has always fought back, so we must help it if we want our beautiful and productive gardens to work with us.

It is also how everyone's attitudes change with a few sunny days. Smiling and cheerful faces after glum scowls wondering when the rain would stop, if ever. Is this how Noah felt when he was building his Ark? Was he being too pessimistic even though God had told him to do it? I suspect there are places around the world that would be grateful for an ark as their land disappears beneath the rising water, as we still fail to rectify our mistakes with global warming. When will we ever work together and stop destroying our lovely planet?

On Sunday 2nd we have our monthly Family Service with Rev'd Sheila and we look forward to her well presented sermon, where she demonstrates her ability to capture our imaginations with her 'props'!

We are pleased to host a concert by our Town Band on Tuesday 4th, in remembrance of the D-Day landings in France. The Band will be joined by the Benefice Choir to pay tribute to all the souls lost on that fateful day. The concert is free, though donations are welcome, and starts at 7.00.

Sunday 9th (Open Farm Sunday), is a Eucharist with Rev'd Paul.

Sunday 16th is Morning Prayer with Bernice and Brenda, Churchwardens.

There is a Wedding on Saturday 22nd so we are hoping for some fine weather.

Sunday 23rd there will be a Eucharist Service with Rev'd Sheila, and on Saturday the 29th Messy Church will be held in the Church Rooms from 4 – 5.30. Bring your youngsters along for crafts, stories and a short film, with food!

A Celtic Eucharist is held each Thursday morning at 10.00 which is a quiet service for all the Benefice, with readings and no hymns. The first of each month is a Healing and Wholeness service for those who wish for healing in body or mind.

We would hope that anyone who likes the thought of dressing up and presenting short Bible stories to our schools, might be interested in joining the Open The Book Team. It is great fun and much appreciated by both schools and pupils. Contact the Churchwardens if you are interested.

We have to thank our Creation Champion – a long title for Katie, who with the help of Rev'd Sheila and Bernice, keep our Churchyard looking tidy and welcoming to our visitors.

On Sunday 30th there will be a United Benefice Service in Lanlivery Church at 10.30.

Finally, we welcome Rev'd Paul as our Rural Dean after his Commissioning in May. We hope he enjoys his role and can fit it into his busy schedule with any help we can give him.

See you in Church.

Church Rooms

As you may know the Church Rooms are under new management. If you would like to Book or for Information, please see the new contact details.

To email lostwithielchurchrooms@gmail.com

Or call Revd Sheila on 01208 871344.

Many Thanks.

KID'S COLUMN

Look at what we have achieved!
 Ruby-Mae was finally awarded her super six badge last Friday at
 Lostwithiel School! Well done Ruby-Mae!

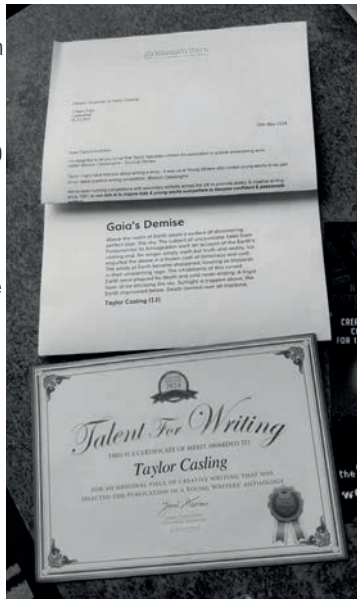
Taylor Casling aged 12 years,
 entered a writing competition with
 the Young Writers.
 The topic for the competition
 was Mission Catastrophe (end of
 world). Taylor wrote a story of 250
 words titled Gaia's Demise.

Taylor's story will be published
 in a book and he is still in with a
 chance of winning as winners are
 announced in the summer term.

Well done Taylor for being short-
 listed and Good Luck in the
 competition, we are rooting for
 you!

Joke from Inan Kaya:
 Why is the sand wet?
 Because the Sea weed!

If you have a child's birthday you
 would like to celebrate or an achievement you would like congrat-
 ulate, please share it here! Add a photo and make it special! To do so
 please email Roy at palaceprinters@btinternet.com



Coffee Morning

A huge thankyou to all who came and supported our Coffee
 Morning on Saturday 20th April. We raised over £700 for young
 lives v Cancer and children in Nepal which was fantastic. Thank-
 you too our 'Tasty Tea Team' for your valuable help, baking and
 enthusiasm. Until the next time - Chris, Margaret D.

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FRIDAY 21ST JUNE

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

- BOUNCY CASTLE ★ POPCORN
- CANDY FLOSS ★ CHARACTERS
- TOMBOLA ★ GLADIATOR DUEL
- MARKS ARK ★ HENNA ★ GAMES
- GLITTER TATTOOS ★ RAFFLE
- STOCKS ★ CRAFT COMPETITION

21 | **3-6pm**
 june

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bodmin hill

- ★ £1 ENTRY
- ★ — BBQ —
- ★ BAR OPEN
- ★ ALL WELCOME

Lostwithiel Rainbows

FOR GIRLS AGED 4-7 YEARS

We are enjoying the nice weather and were able to go outside for a Chippy Hike which was as easy as it sounds, we walked around the town, collected our chips from the Chinese Takeaway, walked back to the Hall and ate them - they were delicious and we got a Girlguiding Chippy Hike Badge to add to our badge collection.

We are looking forward to the rest of the summer term as there are lots of good activities planned.

If your daughter would like to join Rainbows, then please use the contact details below.

For more information on joining our Rainbow group please phone 0800 169 5901 or visit www.girlguiding.org.uk

u3a Lostwithiel
learn, laugh, live

OPEN MEETING AND AGM 20th MAY

At our Open Meeting on Monday 20th May in the Church Rooms, we were very grateful to Balu

Madhvani who stepped in at the last minute when our planned speaker had to postpone due to unforeseen circumstances. Balu treated us to a fascinating talk about his early life in Kenya before moving to the UK in 1964 – and how he came to eventually live in Bodmin. This was followed by our Annual General Meeting where we heard from our Chair, David Platt, who reviewed the many events in our 10th Anniversary year as well as looking forward to the year ahead.

Our next Open Meeting will be in the Church Rooms, Lostwithiel on Monday 8th July at 2pm where our guest speaker is Kevin Channer who will introduce an interactive talk with the audience acting as the jury in a legal case. If you'd like to find out more about Lostwithiel Area u3a please do come along!

UPDATES FROM OUR GROUPS

As the weather starts to improve it's been a busy few weeks for our many interest groups.

Our **Day Trippers group** – which aims to arrange day trips using public transport – caught an early train to Camborne for Trevithick Day and they had a really enjoyable day – despite some downpours! The **Electric Bikers** have been eating up the miles from Downend to Pelynt, St Stephen to Portmellon, Liskeard to Millendreath and Sladesbride to Rock, while the **Photography Group** visited Ethy House near Lerryn, keeping an eye out for “lines”, the theme of their next meeting. Two of our groups were in the Cardinham area in May: the **Garden Visits group** had perfect weather for their tour of two lovely local gardens – Pinsla and Deviock Farm – refreshed with a welcome cup of tea and delicious homemade cake, while the **Walking Group** went on a five mile woodland walk, taking in the wild flowers and birdsong as well as a having a mid-walk coffee and cake stop at Woods Café. (Cake seems to be very popular with our members!)

Lostwithiel Area u3a is one of over 1,000 u3a groups across the UK and we provide the opportunity for people no longer in work to socialise and share new ideas, skills and interests. Our members enjoy many interest groups ranging from Creative Writing and Bird Watching to Poetry and Wine Appreciation. You can find out more about all the groups and our exciting programme of regular Open Meetings - plus how you can join - on our website at www.lostwithielu3a.org.uk

Contacts :

Chair : David Platt 07484 124490

Membership : Stephanie Thomas 07980 871491

Lostwithiel Old Cornwall Society

We concluded our Spring meetings in April with a talk by Chris Jewell on Bude Canal. We will now be taking a break until the Autumn when we will resume on September 24th with a talk by Martin Brockman about the Torrey Canyon disaster. We meet on the 4th Tuesday of the month at 7.30pm in the Church Rooms where we look forward to welcoming visitors and prospective new members at our meetings to learn about a variety of Cornwall related subjects.

Royal Fowey Yacht Club



The sea wall is fixed, the pontoon is in place, sailors and spectators gather for the race - out to sea; a cold beer, wine, or maybe just tea! Under the awning (which is also safely in place), for shade or keep dry, we gather to meet friends, or encounter some new, or just to sit quietly and savour the view.

The sailing Agenda:

The early May Bank Holiday weekend saw the Triangle Race visit Fowey. The race is run by the Royal Western YC in Plymouth and races from Plymouth to Falmouth on the Saturday, Falmouth to Fowey on the Sunday and Fowey back to Plymouth on the Monday. This year 36 yachts took part the largest with fastest fleet being the multihulls with 16 entries.

On Sunday Evening RFYC hosted the prize giving. The club was packed and the bar extremely busy, our great catering team served 67 three course dinners in the evening, well done to Paul and his team. The team was so busy they had arranged for a couple of volunteers to help.

The following morning the town was buzzing with talk about the quality of the food. This was a great way to showcase the club and I am sure many of these yachts will be back later in the season.

The race was not without incident. At the start of the Falmouth, Fowey leg a Catamaran hit Black Rock and needed to be rescued. This has been detailed in various news publications and the RNLI website.

- As well as our usual Wednesday and Saturday racing there is a lot more going on at sea.
- June 1st - COGS - Plymouth to Fowey
- Thursday 6th June - D Day Parade of Sail (see below)
- June 9th - 12th - Exchange between Binic and Fowey
- June 15th - COGS – Eddystone
- June 21st - 26th - FOGOF (or for the uninitiated. 'Fowey Goes Foreign')
- June 30th Fishermen's Arms Race

D-Day 80 6th June. Parade of sail, boats to leave Town Quay at 4pm, start signal will be a siren - the turning point will be the D Mark. This will be followed by a BBQ on the Terrace & enjoy the sounds of Andy Marshall 'the 40's Crooner' from 7pm. The Beacon will be lit at 9.15pm

- Saturday 8th @ 12noon: Lunchtime get-together...for all members, especially those who have difficulty coming to a Friday evening welcome hour.
- Friday 14th: Book Club often preceded by a friendly, welcoming lunch.
- Every Thursday morning: "Knit and Natter" This is a community group so new knitters always welcome, you don't have to be a member of the RFYC.
- Every Thursday afternoon: Bridge.
- Every Friday evening: Welcome Hour, always a lively convivial evening with suppers available
- We have the new range of merchandise available, please ask at the office.

Please see the Club website at <http://www.rfyc.org.uk>. This is full of information about the Clubs activities and includes access to a webcam giving superb views of the harbour. Members receive a weekly "What's On" update. We welcome visiting sailors, members of reciprocal clubs, and those participating in activities such as Club racing and some other events. If you are not a member currently and would like to join us to enjoy all the Club has to offer, please look on the home page of the website under "Join Our Club"; call the office on Tuesday/Wednesday/Thursday/Friday each week from 9-12am; speak to a RFYC member. Office No. 01726 833573 or follow us on Facebook at www.facebook.com/RFYCFowey, on Instagram, or (for members only) RFYC Drop-in

If you would like to 'try before you buy' please contact the office and we can arrange for you to be booked in by a member for the evening, or an afternoon on the terrace to give you an idea of what an amazing club we have.



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LOSTWITHIEL

Lostwithiel Area Labour

Working Hard to Make History on July 4th

South East Cornwall Labour has a fantastic parliamentary candidate, Anna Gelderd. Anna lives on the Rame peninsula and is a Senior Advisor at international environmental organisation, Oceana. Anna has had experience advising the shadow cabinet, including Keir Starmer, so she already understands how to get things done at Westminster.

Anna is passionate about improving lives in our area and is working hard to win every vote needed to be elected as our first ever Labour MP.

The Liberal Democrats are making much of retaining their seat at the recent by-election in Looe and area, following the sad death of their popular councillor who held the seat for 25 yrs. To see this loyalty vote as evidence of a resurgence is foolhardy when analysis of the votes cast shows the Lib Dem vote decreased by 16%, whilst Labour's increased by 11%.

In recent General Elections the Liberal Democrat vote has collapsed from a high of 19,170 in 2010 to 8,650 in 2019, whilst Labour's vote has increased, pushing the Lib/Dems into 3rd place in 2017 and 2019 (source: UKparliament.uk)

Only Labour can beat the Conservatives in South East Cornwall.

Conservative	28.6
Labour	32.8
Liberal Democrat	14.6
Green	4.9
Other	1.4
Reform	17.7

(source : electoralcalculus.co.uk/newseatexplorer) - so that you can check for yourself, Labour always provides independent sources for its bar charts/tables – don't trust those dodgy Lib/Dem bar charts!

If you would like to join our large, friendly team of volunteer leafleters and canvassers, please get in touch. We will be out door knocking and talking to voters every day from now until July 4th – look out for us in Lostwithiel on Monday 3rd June.

Sally Sweeney (Chair) 01208 873525 sallysweeney28@live.co.uk

Twinnings Do It Again

Celebrating 45 years of Lostwithiel being twinned with Pleyber Christ, a small Lostwithiel-size town in Brittany, 37 adults and children took the overnight ferry from Plymouth to Roscoff on Friday 3rd May evening. What did we do?

We were met at the ferry terminal in Roscoff by our French hosts, taken home for breakfast then into Morlaix, a fine mediaeval town nearby to visit the newly created 'Espace de Science' in the former handsome tobacco factory in the centre of town. We were the guinea-pigs having a guided tour in either French or English of the former factory due to open soon. After an afternoon at leisure with our individual hosts we all gathered in the 'Salle des Fetes' for an official welcome by both the Lostwithiel and Pleyber Christ mayors and twinning chairpersons, a splendid evening meal and convivial dancing. Sunday was a day in Lostwithiel Park where we had picnics and enjoyed a great choice of activities for young and old culminating in two clowns to entertain especially the young children, French and English. Monday morning we had fun doing a trail in and around the Pleyber Christ church.

Many of us have got to know our hosts over several years and we all enjoyed wonderful hospitality by the Pleyber Christ members who mostly could speak English. We look forward to welcoming P C twinnings in Lostwithiel next May 2025. Why not join us? See our web-site for more information.

Lostwithiel Twinning Committee.

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Chapel Chat

¹⁴ "You are the light that shines for the world to see. You are like a city built on a hill that cannot be hidden. ¹⁵ People don't hide a lamp under a bowl. They put it on a lampstand. Then the light shines for everyone in the house. ¹⁶ In the same way, you should be a light for other people. Live so that they will see the good things you do and praise your Father in heaven. Matthew 5:14-16 from the Easy to Read Bible

Remembering Edna

Edna was a loving, kind, creative and generous Christian lady who loved her garden and arranging flowers, especially for the church. She was a loyal member of our church and produced copious hats, mittens and blankets for the less fortunate in society. Being a proud Cornish woman, Edna enjoyed living back in her native land for the last few years of her life and liked to be greeted with a hug and "ello, me 'andsome".

The world is a better place for her having been in it.

We will miss you, Edna, rest in peace.

Church Activities at a glance

June 2nd Hymns of Praise

June 4th Church Cleaning at 10am

June 9th Café Church

June 16th ACM and Gift Day

June 23rd Café Church

June 27th Coffee Morning, 10.30 -12

June 30th Café Church

Sew What - every 1st and 3rd Thursday 2-4

Music Appreciation Group – every 4th Wednesday at 7.30



Image: Jonathan Barker, Peter the original Lostwithiel Giant and friends, early 90's

Exciting news! The Lost Giants have been awarded funding from Cornwall Council to digitise an archive documenting The Lostwithiel Giants Parade. The archive comprises of seldom seen images, clippings, and writings dating back to 1990 when the tradition took root.

If you have any images from the Lostwithiel Giants Parade that you would like to contribute to the archive, please get in touch. thelostgiants.giantmakers@gmail.com

The Lost Giants are the designers and co creators of many giants and re-imagined folklore beasties. They devise workshops, processions and create giant happenings. Born from friendship and family and a 35 year strong New Year's Eve giant tradition in Lostwithiel.



www.thelostgiants.co.uk

📷 [thelostgiantmakers](https://www.instagram.com/thelostgiantmakers)

f [thelostgiants](https://www.facebook.com/thelostgiants)

Carnival Week

Lostwithiel Carnival 2024 4th – 10th August

I'd like to start by introducing myself as the Carnival Chairman this year for the joint Carnival Committee comprising of community volunteers and rotarians.

I am Georgina Stephens and many would know me from either St Winnow or from my involvement with Lostwithiel Young Farmers Club.

The carnival team have been busy working away in the background planning and preparing for Carnival 2024. New ideas have emerged for this year that we would like to share with you. We have completed all the important official documents and have sent them off to the Council, and now we get to focus on the fun bits of organising the actual week.



New this Year The opening of Carnival Week will have a different look and feel about it from previous years.

The Charity Fair Sunday Funday

Come and get mucky in our new commando course with races for all ages!

We will have a kids pillow fight area, skate park demos as well as the usual tug-of-war, sheaf pitching and children's art activities.

We invite you to come and have a picnic in the park with us.

There will be music and a new look food and tea tent serving bbq, quiches, pasties, homemade cakes, cream teas and barista coffee, not forgetting the bar!

There will be all the usual charity stalls and of course the Cornish Wrestling.

The rest of the week is also coming along nicely. For the street party we have The Cornish DJ Nathan Gould and the band Black Hearts. Street party will again have ice cream for the children thanks to The Little Ice Cream Shop. There will be face painting, children's entertainment and delicious food.

For Carnival night we are finishing at the Earl of Chatham and this is going to have a new look and feel. Once at the Chatham there will be a kids stall with face painting, juice and sweets. There will be pasties available from the Bar and 2x food trucks to keep the hunger at bay Cornish Maid and Kernowforno. The music will be Sammy Jonas and Jolly Roger.

I know Carnival week is a week that the community in Lostwithiel really look forward to and we are working hard to continue to bring in new ideas and develop it.

If there are any groups or volunteers who would like to get involved please do get in touch. Likewise any businesses who would like to sponsor or advertise please contact;

Claire at lostwithielcarnival@gmail.com

We really hope to put on a week to remember and look forward to seeing you all in August.

Thanks

Georgina Stephens

Carnival Chairman 2024

Lostwithiel Carnival Committee and the Rotary Club of Lostwithiel



LOSTWITHIEL CARNIVAL WEEK

4TH – 10TH AUGUST

SUN 30TH JUL: CHARITY FAYRE SUNDAY FUNDAY

NOON – 4PM

TO INCLUDE: CORNISH WRESTLING COMPETITIONS
SPONSORED BY PARC SIGNS

- BBQ, BAR
- TEA TENT
- CHARITY STALLS
- COMMANDO COURSE
- CHILDRENS ACTIVITIES
- TUG O WAR
- SHEAF PITCHING

MON 31ST JUL: CRICKET TOURNAMENT

6PM – 9PM

- BBQ & BAR

MANY THANKS TO
BOCONNOC CRICKET CLUB
FOR ORGANISING THE EVENING

TUE 1ST AUG: PRAM RACE & DUCK RACE

6PM – 8PM

SPONSORS: THE COUNTRY FRYER

AFTER PRAM RACE JOIN US
ON THE PARADE FOR

- DJ
- DUCK RACE 7.30PM

WED 2ND AUG: ROUNDERS TOURNAMENT & CHOIR CONCERT

5.30PM – 9PM

- BBQ & BAR

CHOIR CONCERT IN LOSTWITHIEL CHURCH
LOSTWITHIEL TOWN BAND &
WADEBRIDGE MALE VOICE CHOIR

- CONCERT STARTS 7.30PM
- SING ALONG AFTERWARDS

THU 3RD AUG: STREET PARTY & RAFT RACE

5PM – 11PM

SPONSORS: THE GLOBE INN

- CHILDRENS ENTERTAINMENT
- BAR, FOOD (INC HOG ROAST)
- RAFT RACE 7.30PM
- THE CORNISH DJ
- LIVE MUSIC FROM BLACK HEARTS (BAND)

FRI 4TH AUG: FOOTBALL TOURNAMENT

4PM – 9PM

SPONSORS: RESTORMEL KITCHEN

- BBQ & BAR
- 4-6PM JUNIOR FOOTBALL
- 6-9PM SENIOR FOOTBALL

JUNIOR MEDALS SPONSOR: BEST WESTERN
FOWEY VALLEY

MANY THANKS TO
KIXX CORNWALL, LOSTWITHIEL YOUTH
& SENIOR
FOOTBALL CLUBS FOR ORGANISING

SAT 5TH AUG: CARNIVAL

5PM – 8PM

SPONSORS: THE EARL OF CHATHAM

- FROM 5PM ON KING GEORGE V
- JUDGING FROM 5.30PM
- PROCESSION 6PM
- PRIZE GIVING AT THE CHATHAM

Fowey RNLI



On March 29 the coastguard requested that the Fowey lifeboat launch at 4.40pm to

assist with the rescue of a dog that had fallen from the cliffs near Port Mellon and become stranded on the rocks below. Due to the prevailing wind and sea conditions, it was decided that our all-weather lifeboat should attend rather than the inshore. Mevagissey Coastguard were in attendance at the top of the cliffs but were unable to reach the dog. Once on scene Fowey lifeboat crew prepared the inflatable XP boat that is carried



onboard the all-weather lifeboat and launched. Crew members Callum Pritchard and Amelia Luck took the XP boat ashore to the base of the cliffs where they were greeted by a friendly Bob the dog. Thankfully he was uninjured. Callum and Amelia took Bob to Port Mellon beach where he was handed over to the waiting coastguard team and safely reunited with his owner.

Congratulations to Luke 'Boris' Watts who has passed out as a qualified D class helm at Fowey lifeboat station. Boris said: 'I was nervous before the final assessments but once completed I was very pleased with the outcome. Now looking forward to taking all that I've learnt so far and putting it into real life shouts, saving people at sea and keeping the crew and boat safe.' Weekly RNLI training exercises focus on teamwork, technical competence and safe operating procedures covering everything from boat-handling, search and rescue, and navigation, to radar training, radio communications and casualty care. Much of the training is scenario-based with one of the station's LTA's, allowing crew to work through the processes as a team to ensure the best outcome. Training can also involve exercises with the Coastguard Rescue Helicopter and training courses at the RNLI lifeboat college in Poole.

With a top speed of 25 knots, Fowey's D class lifeboat can endure 3 hours at sea at this speed on search and rescue missions – a crucial factor when lives are at risk. The inshore lifeboat can access areas inaccessible to Fowey's all-weather lifeboat, such as close to cliffs, rocks and inside caves and it will be Boris's job to make sure everyone who goes out to sea returns to shore safely. Fowey Coxswain, Jonathan Pritchard said: 'Boris is a very enthusiastic and active member of the Fowey lifeboat crew. He has personally attended 207 afloat training exercises and 54 lifeboat launches, clocking up a total of over 702 volunteer hours during this time. If something needs doing at the station he is always one of the first to volunteer to help. Boris has worked very hard to complete his training and I, along with everyone at the station would like to congratulate him on his achievement as a fully passed out D class helm.'

The Fowey crew made an appearance on the BBC's Saving Lives at Sea last month. If you missed it you can catch up on episode 9:5 at www.bbc.co.uk/iplayer/episode/m001y5lg/saving-lives-at-sea-series-9-5-caught-out

It's time to get creative!! A Children's Art Competition is raising funds for Fowey RNLI. The brief is to paint or draw something that captures what the RNLI means to you. It could be something to celebrate the 200th anniversary of the RNLI, or 165 years of Fowey lifeboats, a picture of a lifeboat, or crew member, stormy seas, a lifebuoy, yellow wellies, the RNLI flag or even Stormy Stan, the list is endless. The competition is open to

all children under 16 who live in Fowey, Polruan and surrounding areas or who attend school or nursery here. Winning entries will be displayed in Fowey for all to see throughout the summer and the overall winner will be on display at the Fowey RNLI 165 Year Exhibition in Fowey Town Hall from Aug 1-4. Please submit entries with first name and age on the picture to saragoodson59@gmail.com. Scan the QR code to make a suggested donation of £2 per entry. The closing date is June 7.



Thank you to everyone who came along to support our water safety day and to witness the RNLI 200 scroll being signed.



Congratulations and well done to Blossom, the daughter of one of our crew, who was the first person to sign the scroll on behalf of Fowey RNLI. Also signing the scroll was our Coxswain, Jonathan Pritchard, Fundraising Chair, Rob Collings and Fowey RNLI Shop Manager, Di Morris. Thank you to Chris Smith the RNLI 200th Team Events Driver for helping out with the signing ceremony and to Mayor Lynn Simms, Harbour Master Paul Thomas and Allen Toms for coming along to support our event. Thank you to our colleagues from St Austell Coastguard and TMS for supporting the event, the Cornish Bakery for supplying refreshments and to The Press Gang for some great entertainment.

Thank you also to all volunteers from Fowey lifeboat station, including fundraising, water safety and our crew who came along to help and to our crew for some some action packed manoeuvres out in Fowey Harbour.

Thank you to The Press Gang for donating a cheque for £400 that they raised at a gig in Tywardreath Chapel in March.



We're very grateful to the Moyle family who came along to the station to present us with £1035 kindly donated from their father's funeral.

Many thanks to Shaju and his team at Sunny Spice for another wonderful curry night, £500 kindly donated by Sunny Spice and £163.00 raised in the raffle.

Two of our crew enjoyed a day at the races, courtesy of David and Kate Kenyon who are keen supporters of Fowey RNLI. To mark the 165th anniversary of Fowey Lifeboat they decided to sponsor a race at the RNLI 200th Celebration Race Meeting at Taunton Race Course, called the 'Fowey Lifeboat 165 Years Handicap Hurdle'. Crew James Dowrick and Will Maher had a great day with David, Kate and their friends, enjoying the VIP hospitality, special behind the scenes access and the chance to be in the paddock where they watched the horses prepare for the Fowey Lifeboat race. They also met with the winning horse, jockey and owner to present the trophy.

Keith Harris came to the station to donate a lovely picture that he has painted for us to mark Fowey lifeboats 165th anniversary. The painting depicts the formal inauguration and naming ceremony of the Watson lifeboat, the James, William and Caroline Courtney at the original Fowey lifeboat station in Polkerris in 1904. The painting will be raffled at our Fowey RNLI 165 Year Exhibition in Fowey Town Hall in August.

This year Fowey lifeboat week runs from July 29 – August 4. As it is a special year commemorating the 200th anniversary of the RNLI and 165 years of Fowey lifeboats, we're planning some big events. There will be a firework display, a music event on Town Quay, a sail past, lifeboat day with activities at the station, and a Fowey RNLI 165 Year Exhibition in the Town Hall. More details of all events to follow next month.

We very much appreciate all the support that local businesses already give us throughout the year, so for these big commemorative events we are seeking some corporate sponsorship to enable us to fund the events. We have four sponsorship options for organisations that would like to get involved and support their local RNLI charity and lifeboat community.

BRONZE SPONSORSHIP £200- Small sized company logo on event banner, loudspeaker announcements at the event, local press and social media recognition and complimentary gift for you and a plus one.

SILVER SPONSORSHIP £350 - Medium sized company logo on event banner, feature on limited edition RNLI 200 reusable cups, loudspeaker announcements at the event, local press and social media recognition, complimentary gift for you and 2 guests and meet and greet with an RNLI crew member for you and 2 guests.

GOLD SPONSORSHIP £500 - Large company logo on event banner, feature on limited edition RNLI 200 reusable cups, loudspeaker announcements at the event, media announcement of the partnership, local press and social media recognition, half page programme advert, complimentary gift for you and 4 guests and meet and greet plus photo with an RNLI crew member for you and 4 guests.

PLATINUM SPONSORSHIP £1,000+ - Everything in the Gold Package PLUS, headline company logo on event banners, feature on limited edition RNLI 200 reusable cups, loudspeaker announcements throughout the event, media announcement of the partnership, local press and social media recognition, shared to our 5.9k online followers, full page programme advert, complimentary gift for you and 5 guests, signed photo of the Fowey Lifeboats and a personal guided tour of the Fowey Lifeboats and boathouse for you and 5 guests. Please contact Adam Luck at adamluck.clear@outlook.com for further details of any of the sponsorship packages or to sign up to support.

The Fowey RNLI Shop is open from 10am - 4pm Monday to Saturday and 11am - 4pm on Sundays (subject to availability of volunteers). Our all-weather lifeboat is open to the public for lifeboat tours on Wednesdays and Saturdays (subject to weather conditions and the availability of volunteers).

If you'd like to get involved with our Fowey RNLI 165 Year Exhibition, we're interested in old photos, stories or memorabilia connected to Fowey lifeboats for display in the exhibition in August. Please contact Cathy Baillie at cathy_baillie@rnli.org.uk if you have anything that you'd like to share.

In this 200th RNLI anniversary year, keep up-to-date with all of our shouts, news, events and activities on social media on Twitter @Fowey_RNLI and on Facebook @FoweyLifeboat and @Fowey-LifeboatCommittee

Lostwithiel Social Club News

What a great month May has been for the club.

All our regular events were well supported and in addition to this we were joined by the great The2Beats and Colin came and played his piano.

We were delighted to be part of Lost Fest what a day the club had many performers on stage with standing room only at times. A Big thankyou to all the volunteers who helped to keep the Bar going. Everyone said how much they enjoyed the event a great atmosphere and the weather played its part.

The builders have started work in the upstairs small room and we were also granted our planning for the new windows and doors. June will continue with our regular Free pool on Wednesdays, second Fridays we are joined by the Folk Jam can and enjoy a drink with some amazing music, Bingo continues Sunday's eyes down at 7pm some great prizes and raffle.

For any other events see the outside Notice board and Posters. Look forward to seeing you.

Sheila and the Committee.

West Briton 12th October 1874

RUNAWAY TRUCK FROM DOUBLEBOIS

About five o'clock on Thursday morning a laden truck became detached at Doublebois Station on the Cornwall Railway and rushed down the line at a rapid speed dashing past Bodmin Road Station and continued at speed until it reached Lostwithiel, a distance of nearly ten miles. The line was fortunately clear of traffic, or a disaster must have occurred.

Lostwithiel Brownies

Lostwithiel Brownies age 7-10yrs

Come join our fun with Lostwithiel Brownies. We do outdoor and indoor activities, rain or shine we still have fun with friends and meet new friends. Register your interest by phoning

08001695901

Or visit www.girlguiding.org.uk/joinus

Lostwithiel Floral Art Group

Our next meeting takes place on Wednesday 26 June at Lanhydrock Hall at 2.30 when our demonstrator will be Pat Whitehouse. Her title is 'Rhapsody in Bloom'. Come along and see what we do. We look forward to welcoming you.

**LOSTWITHIEL TOWN BAND
AND ST BARTHOLOMEW'S CHURCH
SUPPORTED BY LOSTWITHIEL TOWN COUNCIL AND
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THE D-DAY 80TH ANNIVERSARY
COMMEMORATION CONCERT
BENEFICE CHOIR AND SUPPORTING GUESTS IN THE
CHURCH TUESDAY 4TH JUNE AT 7PM
ADMISSION FREE REFRESHMENTS PROVIDED
RETIRING COLLECTION IN AID OF SSAFA
(Soldiers, Sailors and Airmen Families Association)**

Lostwithiel Plant Swap 2024

Well, Plant Swap has had a busy start at the Community Centre, as popular as ever, with lots of lovely plants: flower and veg seedlings, potted up perennials, shrubs, bulbs, and houseplants, all available for a donation and/or swap. There are still some seeds available, and sometimes ceramic pots and odd gardening sundries too. All we need now is the sun so we can get outside and enjoy our gardening for the summer!

NB: To fit in with other activities at the Community Centre, Plant Swap will be packing up slightly earlier on a Saturday for the rest of the season – so the hours will be 10am – 2pm on a Friday and 10am - 1pm on a Saturday.

Do bring along any surplus perennials (potted up) which might otherwise go into the compost heap or garden bin. Or if you're growing tomatoes, veg or annuals from seed and you suddenly have more seedlings than you know what to do with – other people would love to have them! You can swap for something else on the table, or just donate them. Please do label what you bring in if possible, and leave the table tidy. *NB: unfortunately Plant Swap cannot accept empty plastic plant pots.*

Income from donations is going towards the Community Centre's essential fundraising to keep the Centre open for all the activities it hosts for the Town.

Kirsty will welcome any gardeners who can volunteer to help keep the swap table organised, cared for and well stocked through the season.

Happy gardening!



theWI
INSPIRING WOMEN

Lostwithiel W.I.

On April 28th 2024 Lostwithiel WI was 100 years old. Members were unable to meet on the actual date but celebrated with a very enjoyable lunch at Carlyon Bay Hotel on May 3rd.

At our June meeting we will continue with our 100th birthday celebrations reflecting on the intervening years and looking forward to those to come.

At our May meeting Angela Warwick spoke to us about Alpacas and involved us all in Alpaca fleece felting which was very much enjoyed by all members. As we were unable to complete the process in the confines of the meeting Angela kindly took our samples away with her to complete, we very much look forward to seeing the results of our efforts. Angela was thanked for such an interesting "hands on" afternoon.

At our meeting on July 15th we will be having an illustrated talk on Scotland by well known local photographers Caroline and Peter Bland. We meet in the lower oasis room of the Community Centre on the 2nd Monday of the month at 2.15pm and always welcome visitors and prospective new members to join us.

In the meantime do please take a few minutes to look at our display in the Museum window for June, we thank the Museum for allowing us this opportunity to showcase our WI. For any further information please call Jean Jones on 01208 872765.

Plant Swop

at
Lostwithiel Community Centre
Friday 10-2pm
Saturday 10-1pm
in the
Reading Room

Swop, Donate, Take !



Lostwithiel Library

TAPRELL HOUSE, NORTH STREET

Open Wednesdays 10am - 4pm for browsing and borrowing
Click & Collect Your Books: you can order books on Cornwall Council's Library webpages, and collect them from us when they are ready.

www.cornwall.gov.uk/leisure-and-culture/libraries/your-local-library/lostwithiel-library/

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The du Maurier Festival Society presents

FOWEY FESTIVAL

OF ARTS AND LITERATURE

10th – 18th May 2024

What a beautiful day on May 10th for the opening day of the Fowey Festival of Arts and Literature. We opened with a memorable event with the wonderful Overtones, a vibrant group who raised the roof and had everyone joining in and dancing in the aisles.

The first day of talks started with Daphne du Maurier's grandson and Jungian analyst Rupert Tower, who explored du Maurier's House on the Strand in the context of her inner life preoccupations. He was quickly followed by Bryony Gordon discussing her new book *Mad Woman* with BBC Radio Cornwall's Daphne Skinnard about changing attitudes to mental health. Through the week we were delighted to welcome many prominent speakers including Louis de Bernieres talking about his latest book, *Light over Liskeard*; Caroline Quentin, renowned figure in British comedy, telling us all about her passion for gardening; Alan Johnson on his latest novel *Death on the Thames*; Bafta nominated and award winning writer and broadcaster Lemn Sissay who has composed a short poem as dawn breaks each morning, plus many many more.

There was plenty of music too, with Loveny Male Voice Choir singing a variety of contemporary and Cornwall based songs. Our Festival Jazz evening celebrated the pairing of two of jazz's most iconic artists - Ella Fitzgerald and Oscar Peterson. Joanna Eden, a regular performer at Ronnie Scott's Club in London was accompanied by the Craig Milverton trio. With reading groups, workshops, guided walks, an Art Trail and Secret Gardens, there was plenty for everyone to enjoy. We offer heartfelt thanks to all our supporters and sponsors, particularly KP Cabs who did a fantastic job in transporting our speakers.

Our sincere thanks go to Fowey Parish Church and Fowey Town Council for use of their premises for staging the events and to the Royal Fowey Yacht Club for hosting our Box Office and the Waterstones book shop. We are grateful to all our trustees and our team of volunteers who helped to make the Festival run so smoothly.

Come and join us next year when the Festival will run from 9th – 17th May 2025.

Authors and Artists in School

We were delighted to welcome Sarah Tagholm, Clare Owen and Sean Hewitt who all visited schools in the region reaching out to 800 children with interactive talks and workshops.

Sarah is passionate about encouraging a love of reading, libraries, and the availability of books for children. Her most recent book is *We are the Wibbly*. Clare's YA novel, *Zed and the Cormorants*, won the Holyer an Gof Young Adult Award in 2022. Sean is an academician with the Southwest Academy of Fine and Applied Arts and exhibits widely in the southwest and London.

Awards for Young Writers and Artists

Fowey Festival Awards for Young Writers and Artists is an established annual competition for all children and young people living in Cornwall and the Isles of Scilly age 4-16. This year we invited the children and young people to create their own original story, poem, piece of factual writing or picture and enter our competition to become the **Fowey Festival Young Writer or Young Artist of the Year 2024**. The challenge was to produce an original piece of work on the theme of **Beaches**.

We received a magnificent 872 entries from children and young people across Cornwall. A group of local artists, poets, writers and teachers judged each entry with care and consideration. There was a tremendous range of stories, poems, factual writing and artwork demonstrating the wonderful and vivid imaginations of our children and young people. On Saturday April 20th we celebrated that work with presentation to the winners. At this celebratory event we also awarded the prestigious **Young Writer of the Year 2024** and **Young Artist of the Year 2024**.

The Festival is grateful for and recognises the help and work in putting this competition together, of the organisers, helpers and all the judges who have given their time. We are thankful to sponsors Waterstones, The Arts Society Mid Cornwall, Fowey River Gallery and Atishoo Gallery for providing the prizes, display space and framing of artwork and to Fowey Hall Hotel for hosting the award ceremony.

Short Story Competition

There were 65 entries for the Fowey Festival Short Story Competition which this year had the title "Beaches".

The guest judge was Veronica Henry who awarded the First prize of £250 to Jan Lovell, Veronica said "*Gosh this was so difficult as they are all so good. I would happily have chosen any of them. But in the end, I had to go with my gut and the stories that stuck with me the most.*" The runner up prize of £100 was awarded to Christine Walker-Booth.

The presentation of prizes was made at the Festival by Veronica following her discussion with Harriet Evans on their long association as editors in publishing and on television. They discussed the writing process and their latest books. The *Stargazers* and *The Secret Beach*. The winning entries can be read on the Festival website foweyfestival.com

You can support Fowey Festival by making a donation at



You can keep in touch with us as follows:

www.foweyfestival.com Email: info@foweyfestival.com

Twitter: [fowey_festival](https://twitter.com/fowey_festival) Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)

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CANCER RESEARCH UK LOSTWITHIEL BRANCH

On the 18th May we held a Ploughman's Lunch in the Church Rooms and what a

day it was-not only for amount of money we raised but for the delight and comments from those who attended and for the committee who really enjoyed the event despite all the very hard work. To date we raised over £650 with some final counting still to do. Everyone was really pleased with the spread of food and choices, the quality of the homemade deserts and the general friendly atmosphere with Jill performing on the piano for most of the event. We were very lucky to have the Stilton, Brie, Tav Valley Cheddar and Cathedral Cheddar donated and a special word of thanks to J.A&E Montgomery a small cheese maker from North Cadbury in Somerset for donating over 4 kg. of their 12 month old cheddar. We must also thank two local businesses who contributed The Country Fryer and Liddicoat Butchers. We are a small committee and it is always good to have old committee members and friends join us for the event; thank you Jenny, Aloma and Glenda for your continued support.

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and previously available to mark the 75th anniversary of the end of WW2.
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LOSTWITHIEL METHODIST CHURCH

Taprell House, North Street (next to the Library)

www.lostwithielmethodist.co.uk

Rooms are available for a donation

Worship commences at 11am.

A note on Cafe Church.

This is very informal worship.

It includes songs/hymns, prayers, readings, sketches and videos plus a chance to talk and laugh.

No sermon.

Families, children and young people are very welcome.

2 June Songs of Praise

9 June Café Church

16 June Rev P. Benney, Annual church meeting

23 June Café Church

30 June Café Church

COFFEE MORNING - 27th June 10:30 - 12 - Coffee is free but donations to GO Beyond would be welcomed.

'Sew What' Group: 1st and 3rd Thursday afternoons 2 - 4pm

Music Appreciation: 4th Wednesday of the month 7:30pm

Minister: Rev. Paul Benney 01726 844 471

Steward: Mrs M Adams 01208 873 665

Lerryn Area Minibus Association

June 2024

Calling all Registered Passengers and Members!

Trips leave from Lerryn and Lostwithiel and return at the times below.

Essential to book your seat and arrange a pick-up point.

For bookings, passenger registration and all queries - call 01208 811175

DATE	DESTINATION		TIME	RETURN FARE
Tue 4th Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Sat 8th Driver: Nick	SPECIAL TRIP Royal Cornwall Show	Lerryn Lostwithiel	08:30 - 16:30 08:45 - 16:15	£5.00 adult
Tue 11th Driver: Nick	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Fri 14th Driver: Annie	Truro	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£6.00 adult
Tue 18th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 20th Drivers: David & Dez	SPECIAL TRIP St Mawes and Grigg's Country Store	Lerryn Lostwithiel	09:30 - 16:30 09:45 - 16:15	£7.50 adult
Tue 25th Driver: John	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Wed 26th Driver: Dez	SPECIAL TRIP Wadebridge	Lerryn Lostwithiel	09:30 - 13:30 09:45 - 13:15	£5.00 adult

All people living in the area may register. Under 18s travel half price.

NB: Please see lerryn.net for full details of LAMA's services.

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And finally...our new Golden Sipping Rum (made entirely on the premises from scratch using Molasses from the Caribbean) has just won a GOLD MEDAL at the prestigious Taste of the West awards! **Come and visit us weekdays 10 till 4 for free tastings of all of our products.**



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USEFUL INFO & CONTACTS

LOSTWITHIEL MEDICAL PRACTICE – NORTH STREET SURGERY
01208 872 589 8am–6.30pm Please ring to request an appointment.
For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. www.lostwithielmedicalpractice.nhs.uk

CORNWALL BEREAVEMENT SUPPORT: For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see www.cornwallbereavementnetwork.org. To speak to someone about emotional support available ring **01726 829 874** 10am–6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am–4pm Monday – Friday.

HEALTH & MENTAL WELLBEING SUPPORT: abichanning@nhs.net Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE : 0800 038 5300 This service is there for everyone.

CITIZENS ADVICE, BODMIN – Ring **0800 144 8848** Mon-Fri 10am–4pm www.citizensadvicecornwall.org.uk Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am–11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am–4pm

ST AUSTELL FOODBANK - If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: info@staustell.foodbank.org.uk www.staustell.foodbank.org.uk for general info or to set up a cash donation.

CORNWALL COUNCIL - Ring 0300 1234 100 or see their website www.cornwall.gov.uk for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL Ring **01208 872 368**

CARRIAGE WORKS DENTAL PRACTICE - Ring **01208 873290** or email enquiries@lostwithieldental.co.uk

PELYN VETS - 01208 872 254

VOLUNTEER CORNWALL - 01872 265 305 For volunteer befrienders.

SILVERLINE- for older people Ring **0800 4708 090**

My Lostwithiel

The 80th Anniversary Of D-Day On June 6th 2024

As we approach the 80th Anniversary of D-Day on June 6th we remember the men and women of this town who, on active service, were part of this historical event.

This town during WW2 hosted thousands of troops from the U.S.A. billeted in the Old Grammar School and Boconnoc with their laundry on the Quay, the Spaniards in the Kings Arms Long Room and the Dutch Javanese at Pill Farm whilst other troops were housed in the Band Room in Quay Street and at Lanwithan House. Italian POWs were at a camp near St Nectan Church and the German POWs were sent to work on various farms, some in this area. Much ammunition was stored in the surrounding areas of Lostwithiel with army lorries and troops continuously on the move.

The town was alive, the public houses were well attended, dances were held in the Drill Hall and Church Rooms with films at the Glyn Cinema in South Street, having recently opened in 1937.

Having been born after D-Day and brought up in Quay Street where my grandfather and father were family butchers I remember how mum used to recall the war years.

Mum married dad in 1940 and as a childless couple she may have been assigned to an ammunition factory 'up country'. Dad working in the food industry would have been exempt from active service but he chose to 'join up' to keep mum at home and to do his bit for King and Country. Granddad employed a local butcher/ slaughterman to assist in the business in dad's absence for the heavy work which enabled mum to work in the shop. In those days the butchers slaughtered their own meat and our family operated from the slaughter house in Quay Street now Palace Printers and the Art Gallery. Life went on from day to day with all the movements associated with war then one day mum said she woke up and the town was silent, all the troops had gone but for what reason no one knew at the time. In those days communications were sparse compared to today. Letters were infrequent and most people relied on the wireless (radio) and newspapers or cinema newsreel as their only means of knowing events in other parts of the world.

One happy family event did occur when my maternal grandmother's American nephew arrived unexpectedly on the doorstep.

Dick was posted to Europe with the American army and paid an unexpected visit, such a surprise and delight to all the family as in those days when a family member emigrated the chances were you never saw them or their family again.

Dad joined the Royal Artillery but spoke little of his war service except to say that he was part of the D-Day Campaign on active service at Pegasus Bridge and he always held strong memories of the terrible death and devastation in Caen. Also he did recall that the Normandy beaches were heavily mined and at any moment the lorries would hit a mine and lives were lost, but the troops had to keep driving and hope for the best. Little else was ever mentioned of the war. His family, primarily, were quite unaware that he was at D-Day. Thankfully dad survived but unfortunately, so many did not. Dad returned home in April 1945 with a posting to Asia imminent, then on May 8th Victory in Europe, VE Day, was announced so fortunately his war service ended and three months later on August 15th with Victory in Japan, VJ Day, WW2 ended.

Many Lostwithiel men were part of the D-Day Campaign which lasted until 24th July and during my research I found that Harold Tucker and Herbert Wilton both names on the Boconnoc War Memorial lost their lives during this campaign. We remember them and their families and all from this town and the nation who did not return home. My classmates as a result of the war grew up without their father.

My mother for as long as I can remember, each year, acknowledged the anniversary of D-Day and ironically it was the day she was laid to rest five years ago.

Gillian Parsons



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Wild
Weekend

ANTHONY TAYLOR

Fowey River Lions

Fowey River Lions Anniversary Charter



Fowey River Lions celebrated their 47th Anniversary in April with a delicious three course lunch at the Carlyon Bay Hotel. This was a celebration of when Fowey River Lions was founded in 1977 and all of our achievements during the past year. It was a very informal, friendly affair and we were delighted to be joined by fellow Lions from Newquay Towan Blystra and Budleigh Salterton.



Presentations were made by the District Governor, Lion Richard Allen, to Lion Terry MacAndrew for 35 years service, and to Lion Martyn Crowle for 45 years service. President, Lion Steve Jones



said afterwards "I truly hope that everyone enjoyed the day, it was certainly a memorable occasion for me, being my first Charter event as President. I really wanted to remember and honour the late Lion Tony Bartlett and Lion Alastair Barr, both of whom are irreplaceable."

Ukraine Appeal

We are still collecting goods to send to Ukraine. Just a reminder, they particularly require - sanitary products / personal hygiene products / nappies, baby wipes etc / baby milk formula / unused medicines particularly paracetamol. If you have anything to donate please let us know through the contacts below.

Community Help Needed

Are you interested in helping your community and happy to get "stuck in" with fundraising and volunteering activities? You have seen what Fowey River Lions do, fundraising, helping the community by making donations and supporting other groups. We are looking for new members. Without your support the club may have to close and with it all the local activities and grants that it provides will be lost to the community. If you are interested come and see what we do. Please join us on Monday 3rd June 8pm, upstairs at the Ship Inn, Polmear, Par and find out more about what we do and how you can help. Or contact us as below for further information. We cover Fowey and Polruan and all the villages on both sides of the River Fowey up to and including Lostwithiel. Our area includes all of Tywardreath and Par on the Fowey and Tywardreath side of the main railway line at Par. We look forward to welcoming you.

President: Lion Steve Jones Secretary: Lion Lynn Goold
Treasurer: Lion Ruth Rowse

Email: foweyriverlions@gmail.com facebook: [foweyriverlions](https://www.facebook.com/foweyriverlions)
Tel: 0345 833 7484

WEST BRITON 16th APRIL 1884

RACES AT LOSTWITHIEL 10th APRIL 1884

Lostwithiel Races were held on Monday for the fifth year on the lawn adjoining Restormel Castle, kindly lent for the purpose by Mr B Sambell. There were a large number of spectators on the course, and the band of the 3rd Battalion of the Duke of Cornwall Light Infantry played capital selections of music during the afternoon.

Capt. Rashleigh acted as judge and Capt. Kirkby as starter.



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LOSTFEST – WHAT A GREAT DAY!

We hope you all enjoyed LostFest and we were very pleased to see so many people, locals and visitors. Clearly, good weather played an important role in making LostFest a success, but so did the amazing music line up, fantastic food and drink offers and opportunity for retail therapy with local shops and stalls.

We have tried to listen to engage town in developing the festival this year:

- **Retail support:** This year we tried to encourage people up Fore Street to our local shops. We think we did better than in the past and have received positive feedback.
- **Youth:** We have tried to engage young people – there are more young people on the committee; we ran a young entrepreneur programme with St Austell College and a local photographer, Dan Harley and, of course, we had The Scribes.
- **Listening:** Based on feedback, we moved the toilets to a different location, invested in Health and Safety and created more space on the Parade.

MASSIVE THANKS

We would like to say a massive thanks to everyone, who supported us on the day and throughout the year. Without the combined effort of the whole community the festival would not be a success.

- **Local Business:** Thank you for supporting us with raffle prizes, parking, advertising, sponsorship, printing, advice and opening on the day. Without your involvement, we would not be able to create a free community festival.
- **Musicians:** Thanks to all the choirs, bands, musicians, and performers, who gave their time for free to perform. It is your dedication and talent, which make our festival a vibrant and fantastic day out.
- **Community:** We would like to thank you for coming along and supporting us on the day and for living with the disruption of the road closure.
- **Volunteers:** You gave up your free time to pick litter, sell programmes, steward and do anything and everything – thank you!

FEEDBACK

As LostFest is a community festival, we need your feedback. We shall be contacting people over the summer to understand what you liked and what needs to be done differently. However, you can contact us directly via the website and share your thoughts.

THANK YOU FROM THE LOSTFEST TEAM!

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Ann's Gallery

EST 1977

First and foremost for June - Fathers Day - a great selection of cards on display.

New this month are Bucket Bags from Emma Ball, Make up Bags from Alex Clark Art. Binoculars, Solar System Marbles, Ear Stud Stickers, Family Games and Card games.

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